★★★★★ 5.0 / 5 · 4 walker reviews

WALKING HOLIDAY IRELAND



WALKING AREA GUIDE

THE BEARA PENINSULA

Ireland's wildest peninsula — 196km of remote mountains, copper mine ruins and untouched Atlantic coastline where solitude and raw beauty reward the walker who ventures beyond the crowds.

TOURS	DURATION	DISTANCE	GRADE
5	5 to 9	54 to 106	Moderate
self-guided	days	km on foot	12 to 22 km a day

FAMILY-RUN SINCE 2012

Cliff & Louise, Dundalk, Co. Louth

We walk our routes. We answer the phone.

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★★★★★ 5.0 4 walker reviews

One trail, five ways to walk it

The Beara is geologically one of southwest Ireland's most dramatic landscapes. Mountains reach only 685 metres but feel vast because they rise directly from the Atlantic with no gentle transition.



Shortest tour · Longer tours · Overnight village · Landmark · Other trails

HOW FAR EACH TOUR GOES

Walking km only · every tour adds an arrival and a departure day

TOUR	START · FINISH	GRADE	WALK DAYS	TOTAL	AVG PER DAY
5 days	Glengarriff → Allihies	Moderate	3	**54.1 km**	18 km
6 days	Glengarriff → Eyeries	Moderate	4	**68.1 km**	17 km
7 days	Glengarriff → Ardgroom	Moderate	5	**82.5 km**	16.5 km
8 days	Glengarriff → Lauragh	Moderate	6	**94.2 km**	15.7 km
9 days	Glengarriff → Lauragh	Moderate	7	**105.9 km**	15.1 km

LANDMARKS ON THE WAY

1 **Allihies Copper Mines**
19th-century industrial heritage with shafts, spoil heaps…

2 **Dursey Island Cable Car**
Ireland's only cable car crossing open sea — 250…

3 **Healy Pass**
Built in 1847 as a famine relief project, this mountain…

Eyeries
A brightly painted village on the northern coast, home…



WHY WALK HERE

The Beara carries deep history: copper mining, famine catastrophe, and persistent fishing communities

The landscape

The Beara is geologically one of southwest Ireland's most dramatic landscapes. Mountains reach only 685 metres but feel vast because they rise directly from the Atlantic with no gentle transition.

History & culture

Allihies' mines (1812-1884) employed over 1,600 workers; the Copper Mine Museum tells this story with genuine depth. Famine reshaped the population from 39,000 to fewer than 6,000. Empty cottages and landscape silence mark this catastrophe.

Food & drink

Castletownbere seafood: Ireland's largest whitefish port lands brown crab, lobster and fresh fish daily. Harbour-side restaurants serve it simply — the quality speaks for itself when it's this fresh. Milleens Cheese: Ireland's original farmhouse cheese, made by Veronica Steele since 1976.

Is The Beara Peninsula for you?

GENTLE — MODERATE — CHALLENGING

Graded **Moderate**

12 to 22	145 to 719	3 to 7
km a day	m climb a day	walking days

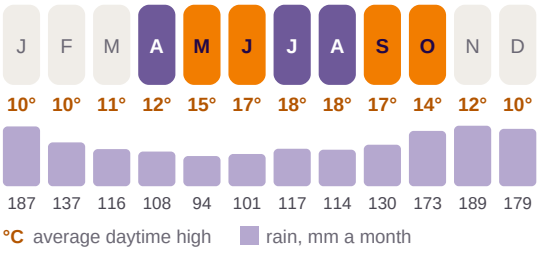
Who it suits

The Beara Way is for experienced walkers wanting genuine wildness and comfortable with navigation and remote, exposed conditions. If the Kerry Way feels too busy and you want solitude, challenging terrain and discovery, the Beara is your …

Terrain

The Beara Way suits experienced walkers with strong fitness and mountain terrain confidence. Daily distances run 14 to 26 km with ascents of 400 to 800 m on mountain sections involving sustained height gain over rough, undefined terrain where paths exist only as faint…

When to go



- **Best months.** May, June and September are optimal. May brings long daylight, moorland wildflowers and relatively stable westerly winds.
- **Season.** Tours start between 15 April and 15 October.
- **Weather.** Mild all season, 12 to 18°C by day. Expect some rain on any trip and pack a good waterproof.

Met Éireann 1991–2020 averages, Valentia Observatory, the nearest long-term station.

Five walking holidays in The Beara Peninsula

The further you go, the quieter the trail gets. Prices are per person sharing and include B&B, luggage transfers, route notes and our app.

5 DAYS
Bantry Bay, Hungry Hill and the Copper Coast — Glengarriff to Allihies
Glengarriff - Allihies · 3 walking days · 54.1 km
FROM **€595** per person

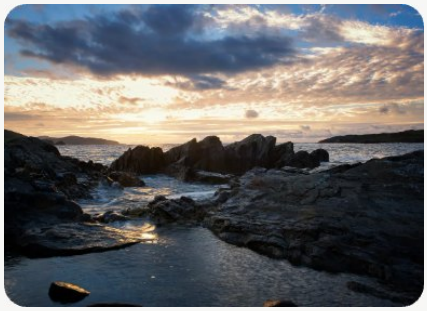
6 DAYS
Glengarriff to Eyeries: Hungry Hill, Allihies and the Copper Coast
Glengarriff - Eyeries · 4 walking days · 68.1 km
FROM **€695** per person

7 DAYS
Glengarriff to Ardgroom: Hungry Hill, Allihies and Stone Circle Country
Glengarriff - Ardgroom · 5 walking days · 82.5 km
FROM **€795** per person

8 DAYS
Glengarriff to Lauragh: Hungry Hill, the Copper Coast and Stone Circle Country
Glengarriff - Lauragh · 6 walking days · 94.2 km
FROM **€885** per person

9 DAYS — LONGEST
Glengarriff to Lauragh: Hungry Hill, a Full Day on Dursey Island and Stone…
Glengarriff - Lauragh · 7 walking days · 105.9 km
FROM **€1,095** per person

● Overnight village ● Where the tour ends Single travellers welcome, a…



★★★★★ WALKED IT

"It was an experience of the Ireland you see in movies: green hills, a lot of sheep, grand views of the sea and colourful villages, mixed with local pubs, great food,

Luka B., Switzerland · 2026

Every tour includes

- ✓ En-suite B&B rooms, chosen…
- ✓ Full Irish breakfast every morning
- ✓ Daily luggage transfer
- ✓ Route notes and our GPS app
- ✓ Pre-departure pack
- ✓ 24/7 emergency support

Not sure which?

Tell us your fitness and your dates. We have walked these trails and will say honestly which version fits.

+353 42 932 3396

1
Choose your route
Pick a tour and your dates. We check availability.

2
We plan everything
B&Bs, transfers, route notes, app. A pack arrives before you travel.

3
You walk
At your own pace, with a daypack. We are a phone call away.

4
Bags waiting at your door
Your main bag moves while you walk and is there at the next B&B.

GETTING THERE & PRACTICAL

Cork Airport (ORK) and Kerry Airport (KIR) are approximately 90 minutes from Glengarriff. Cork is larger with better international connections. Bus Éireann and GoBus operate express services from Cork City and Killarney, taking approximately 1.5 hours.

We provide full transfer guidance with every booking. Glengarriff's limited taxis require advance arrangement. Irish Rail services Cork and Killarney but not Glengarriff directly; the nearest railheads are Mallow (90 minutes' drive) or Killarney (1.5 hours).

During the walk, Castletownbere is the largest resupply point with a supermarket, butcher and post office.

WHERE YOU'LL STAY



Accommodation is simpler and more dispersed than popular Kerry trails; booking ahead is essential. Family-run bed and breakfasts and small guesthouses are standard, comfortable and genuinely local. Villages like Castletownbere, Eyeries, Allihies and Glengarriff have most options.

We pre-book quality accommodation with breakfast…

5.0/5

★★★★★

4 walker reviews of The Beara Peninsula

"The Beara Way is a hidden gem. Cliff provided excellent support before and during the trip. Everything ran smoothly."

Peter Sørensen, Denmark · 2025

Ready to walk The Beara Peninsula?

See live availability, full daily itineraries and current rates on our website, or ask us anything first. A deposit holds your dates; the balance is due before you travel.

Scan to see dates

Check dates and book

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