



Sheep's Head Way Walking Holiday — 7 jours (Modéré)

La boucle complète avec une véritable journée de repos à Kilcrohane après la randonnée en étoile vers le phare

DURÉE

8 jours

JOURS DE MARCHÉ

6

DISTANCE TOTALE

75.3 km

NIVEAU

Easy

À partir de

€845

par personne

Réserver ou se renseigner sur

walkingholidayireland.com/walking-tours

[Voir le site pour les tarifs actuels](#)

À propos de cette randonnée

Le circuit complet du Sheep's Head Way en 7 jours, avec une véritable journée de repos à Kilcrohane entre la randonnée en étoile jusqu'au phare et le retour par la côte sud. Quatre jours de marche, trois jours de repos ou de déplacement — le rythme le plus détendu que nous proposons pour l'intégralité du circuit.

Points forts

- **Une vraie journée de repos à Kilcrohane**

Le jour 4 vous appartient — un café au Sheep's Head Centre, du kayak dans Bantry Bay, une promenade jusqu'à Dooneen Pier, ou simplement un livre dans le jardin du B&B.

- **The Sheep's Head Lighthouse Tip Walk**

Jour 3 — la crête spectaculaire menant à la tour de signalisation napoléonienne, le souffleur, et le petit phare blanc au bout du monde. Vues à 360 degrés sur l'Atlantique, les deux baies en vue.

- **Seefin Ridge — Ascension emblématique**

Le jour 6 vous conduit au sommet de la crête de Seefin — point culminant de la péninsule à 345 m — avec des vues panoramiques sur Sheep's Head, Mizen et Beara avant la descente vers Bantry.

- **Trois étapes dans la ceinture gastronomique de West Cork**

Déjeuners et dîners au Good Things Café à Durrus, dîners chez O'Callaghan's à Kilcrohane et au Fish Kitchen à Bantry. L'âme artisanale et gourmande de West Cork qui accompagne tout votre séjour.

Pour qui ?

Randonneurs qui recherchent le temps, pas seulement la distance.

Sept jours, quatre jours de randonnée, une journée complète de repos. La boucle intégrale du Sheep's Head Way parcourue au rythme le plus détendu que nous proposons — toutes les sections importantes sont couvertes, avec une marge de respiration intégrée.

Couples et amis qui recherchent la profondeur.

Ce rythme vous permet d'arriver véritablement dans chaque lieu plutôt que de simplement le traverser.

Programme jour par jour

JOUR

1

Arrival in Bantry

Nuit: Bantry

Arrive in Bantry and settle into your first accommodation — the gentle market town at the head of Bantry Bay, with Bantry House and Gardens, a Friday market, Fish Kitchen and the Brick Oven for dinner.

We will provide you with information on how to get here using public transport in your pre-departure pack — Cork is the closest rail and bus hub — or talk to us about private transfer options from Cork Airport.

JOUR

2

Bantry to Glanlough — north coast

Marche: SHW Stage 1: Bantry to Glanlough (14.06 km) · Nuit: Kilcrohane

ROUTE 14.06 km · Moderate · Bantry to Glanlough

West out of Bantry along quiet coastal lanes onto the peninsula proper, with Bantry Bay opening to your right and the Caha Mountains rising across the water. About 14 km of rolling north-coast country to Glanlough, where Bridge View House transfer you the short distance south to your accommodation in Kilcrohane for the next four nights.

Dinner at Bridge View House restaurant, packed lunch already booked for tomorrow.

JOUR

3

Glanlough to Kilcrohane — north coast

Marche: SHW Stage 2: Glanlough to Cahergal (17.46 km) · Nuit: Kilcrohane

ROUTE 17.46 km · Moderate · Glanlough to Cahergal

Short transfer back to Glanlough after breakfast and the trail picks up. About 17.5 km of north-coast walking with views opening west toward the lighthouse, finishing near Kilcrohane village. The last short section walks to Bridge View House for your second night here.

JOUR

4

Sheep's Head Lighthouse Tip Return

Marche: SHW Stage 3: Cahergal to Kilcrohane via Sheep's Head Lighthouse (23.01 km) · Nuit: Kilcrohane

ROUTE 23.01 km · Moderate · Cahergal to Kilcrohane

The star day. Out along the dramatic ridge to the Napoleonic signal tower, the blowhole and the small white lighthouse at the very tip. 360-degree Atlantic views. Return on the lower coastal path to the same Kilcrohane B&B — bag already there, no packing.

JOUR

5

Rest Day in Kilcrohane

Nuit: Kilcrohane

A full day with no luggage to pack and no schedule to keep. A few popular ways to spend it:

Kayak in Bantry Bay. Carbery Kayaks operate from Kilcrohane harbour with morning and afternoon trips on calm water. Easy to arrange on the day.

Sheep's Head Centre in Kilcrohane. Good little heritage centre with coffee, books on the trail, and the kind of slow afternoon that you can't engineer.

Walk down to Dooneen Pier. Short flat coastal stroll if you'd like to keep your legs moving — a working pier with fishing boats and the kind of view that earns its keep.

Long lunch at Eileen's. Or just sit in the B&B garden with a book and let the day go. Many guests do exactly this.

JOUR

6

Kilcrohane to Durrus (via Ahakista)

Marche: SHW Stage 4: Kilcrohane to Durrus (south coast via Ahakista) (18.56 km) · Nuit: Durrus

ROUTE 18.56 km · Moderate · Kilcrohane to Durrus

The south coast return. East along the quieter shore of Dunmanus Bay, through stone circles and standing stones to Ahakista (Arundel's by the Pier for lunch) and on to Durrus. Good Things Café for dinner.

JOUR

7

Durrus to Bantry (via Seefin Ridge)

Marche: SHW Stages 5+6: Durrus to Bantry (via Seefin Ridge) (19.7 km) · Nuit: Bantry

ROUTE 19.7 km · Moderate · Durrus to Bantry

The signature climb. Up over the Seefin ridge at 345 metres — highest point on the peninsula — with 360-degree views across three peninsulas. Descent into Bantry to close the loop. Celebration dinner tonight at Fish Kitchen or the Brick Oven.

JOUR

8

Departure from Bantry

A leisurely morning. A last full Irish breakfast. Bantry is roughly 90 minutes by road from Cork Airport / Cork Kent station. We can arrange a private transfer for the morning if you'd prefer.



Prêt à marcher en Irlande ?

Chaque séjour est une randonnée en liberté avec hébergements sélectionnés, transfert quotidien des bagages, notes d'itinéraire détaillées et fichiers GPX — plus notre accompagnement personnel tout au long de votre marche. Dates et tailles de groupe flexibles — demandez-nous.

Inclus

- ✓ Accommodation: Welcoming en-suite B&B rooms
- ✓ Breakfast: Full Irish breakfast every morning
- ✓ Luggage Transfer: Daily transfer of your main bag between accommodations
- ✓ Personalised Itinerary and route app for your smart phone that keeps you on the trail at all times.
- ✓ Support: 24/7 emergency support throughout your holiday
- ✓ Pre-Departure Pack: Information pack sent before you travel, so you know exactly what to expect

Non inclus

- ✗ Flights: Travel to Ireland is not included
- ✗ Insurance: You'll need travel and walking holiday insurance
- ✗ Meals: Lunches and dinners are not included (though we'll recommend great local spots)



Contact

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Web : walkingholidayireland.com/fr

Ce séjour : walkingholidayireland.com/fr/randonnees/sheeps-head-way-SWA-SH-8M

See website for current rates

FROM

€845

per person