



Sheep's Head Way Walking Holiday — 6 jours (Modéré)

La boucle complète de Sheep's Head — quatre jours pour boucler le circuit en passant par la crête de Seefin

DURÉE

7 jours

JOURS DE MARCHÉ

5

DISTANCE TOTALE

75.3 km

NIVEAU

Easy

À partir de

€745

par personne

Réserver ou se renseigner sur

walkingholidayireland.com/walking-tours

[Voir le site pour les tarifs actuels](#)

À propos de cette randonnée

Quatre jours de randonnée pour faire le tour complet du Sheep's Head Way — Bantry, la pointe du phare, la côte sud, et une dernière ascension sur la crête du Seefin (le point culminant emblématique de la péninsule) pour revenir à Bantry. La boucle complète sur la péninsule la plus tranquille d'Irlande.

Points forts

- **The Full Sheep's Head Loop**

Quatre jours de randonnée autour de toute la péninsule — Bantry, côte nord, phare à la pointe, côte sud, crête de Seefin, retour à Bantry. Vous parcourez chaque section importante du sentier.

- **The Seefin Ridge — Ascension signature**

Le jour 5 vous emmène au sommet de la crête de Seefin à 345 mètres, le point culminant de la péninsule. Vues à 360 degrés sur trois péninsules — Sheep's Head, Mizen et Beara — et l'Atlantique ouvert.

- **The Lighthouse Tip Walk**

Jour 3 — au départ de Kilcrohane le long de la crête spectaculaire jusqu'à la tour de signalisation napoléonienne, le souffleur, et le petit phare blanc à l'extrémité de la péninsule. La randonnée phare du parcours.

- **Deux visites au Good Things Café**

Déjeuner le jour 2, dîner le jour 4 — Durrus et son terroir gastronomique sont l'épine dorsale de ce voyage, et nous vous avons prévu deux passages à Durrus pour que vous puissiez vraiment en profiter.

Pour qui ?

Randonneurs qui souhaitent vivre l'expérience complète de Sheep's Head.

Quatre journées de randonnée, la boucle intégrale, l'ascension emblématique du Seefin. La formule de 6 jours est la version où chaque section importante est parcourue — aucun raccourci, aucune étape manquée.

Couples et amis qui planifient une vraie semaine.

Le rythme est modéré mais la variété est authentique — côte nord au Jour 2, phare au Jour 3, côte sud au Jour 4, crête montagneuse au Jour 5.

Programme jour par jour

JOUR

1

Arrival in Bantry

Nuit: Bantry

Arrive in Bantry and settle into your first accommodation — the gentle market town at the head of Bantry Bay, with Bantry House and Gardens, a Friday market, and Fish Kitchen and the Brick Oven for dinner.

We will provide you with information on how to get here using public transport in your pre-departure pack — Cork is the closest rail and bus hub, with regular onward services to Bantry — or talk to us about private transfer options from Cork Airport.

Tonight, rest. Tomorrow you walk west onto the Sheep's Head.

JOUR

2

Bantry to Glanlough — north coast

Marche: SHW Stage 1: Bantry to Glanlough (14.06 km) · Nuit: Kilcrohane

ROUTE 14.06 km · Moderate · Bantry to Glanlough

West out of Bantry along quiet coastal lanes onto the peninsula proper, with Bantry Bay opening to your right and the Caha Mountains rising across the water. About 14 km of rolling north-coast country to Glanlough, where Bridge View House transfer you the short distance south to your accommodation in Kilcrohane for the next three nights.

Dinner at Bridge View House — restaurant on site, packed lunch already booked for tomorrow.

JOUR

3

Glanlough to Kilcrohane — north coast

Marche: SHW Stage 2: Glanlough to Cahergal (17.46 km) · Nuit: Kilcrohane

ROUTE 17.46 km · Moderate · Glanlough to Cahergal

Short transfer back to Glanlough after breakfast and the trail picks up. About 17.5 km of north-coast walking with views opening west toward the lighthouse, finishing near Kilcrohane village. Walk the last short section to Bridge View House for your second night here.

JOUR

4

Sheep's Head Lighthouse Tip Return

Marche: SHW Stage 3: Cahergal to Kilcrohane via Sheep's Head Lighthouse (23.01 km) · Nuit: Kilcrohane

ROUTE 23.01 km · Moderate · Cahergal to Kilcrohane

The star day. Out along the dramatic ridge to the very tip — the Napoleonic signal tower, the famous blowhole, and the small white lighthouse at the end of the world. 360-degree Atlantic views: Bantry Bay to your right, Dunmanus Bay to your left.

Return on the lower coastal path to the same Kilcrohane B&B. Bag already there, no packing.

JOUR

5

Kilcrohane to Durrus (via Ahakista)

Marche: SHW Stage 4: Kilcrohane to Durrus (south coast via Ahakista) (18.56 km) · Nuit: Durrus

ROUTE 18.56 km · Moderate · Kilcrohane to Durrus

The south coast return. East along the quieter shore of Dunmanus Bay, with the Mizen Head visible across the water. The trail passes stone circles, standing stones and a Bronze Age copper-mining heritage.

Lunch in Ahakista at Arundel's by the Pier, then on through pastoral country to Durrus. Tonight, Good Things Café for dinner.

JOUR

6

Durrus to Bantry (via Seefin Ridge)

Marche: SHW Stages 5+6: Durrus to Bantry (via Seefin Ridge) (19.7 km) · Nuit: Bantry

ROUTE 19.7 km · Moderate · Durrus to Bantry

The signature climb. Up out of Durrus onto the high spine of the peninsula and over the Seefin ridge at 345 metres — the highest point on the entire Sheep's Head Way. 360-degree views across three peninsulas: Sheep's Head, Mizen and Beara, plus the open Atlantic.

The descent brings you down through pasture and woodland to close the loop in Bantry. Tonight is your celebration dinner — Fish Kitchen or the Brick Oven, the choice is yours.

JOUR

7

Departure from Bantry

A leisurely morning. A last full Irish breakfast.

Bantry is roughly 90 minutes by road from Cork Airport / Cork Kent station. We can arrange a private transfer for the morning if you'd prefer. Many guests add a night in Kinsale or Kenmare on the way out — both well worth the detour.



Prêt à marcher en Irlande ?

Chaque séjour est une randonnée en liberté avec hébergements sélectionnés, transfert quotidien des bagages, notes d'itinéraire détaillées et fichiers GPX — plus notre accompagnement personnel tout au long de votre marche. Dates et tailles de groupe flexibles — demandez-nous.

Inclus

- ✓ Accommodation: Welcoming en-suite B&B rooms
- ✓ Breakfast: Full Irish breakfast every morning
- ✓ Luggage Transfer: Daily transfer of your main bag between accommodations
- ✓ Personalised Itinerary and route app for your smart phone that keeps you on the trail at all times.
- ✓ Support: 24/7 emergency support throughout your holiday
- ✓ Pre-Departure Pack: Information pack sent before you travel, so you know exactly what to expect

Non inclus

- ✗ Flights: Travel to Ireland is not included
- ✗ Insurance: You'll need travel and walking holiday insurance
- ✗ Meals: Lunches and dinners are not included (though we'll recommend great local spots)



Contact

E-mail : info@walkingholidayireland.com

Web : walkingholidayireland.com/fr

Ce séjour : walkingholidayireland.com/fr/randonnees/sheeps-head-way-SWA-SH-7M

See website for current rates

FROM

€745

per person