



Along the trail — Sleah Head Co. Kerry,

Sheep's Head Way Walking Holiday — 5 jours (Modéré)

Bantry à Durrus — trois jours de randonnée sur la péninsule la plus paisible d'Irlande

DURÉE

6 jours

JOURS DE MARCHÉ

4

DISTANCE TOTALE

73.1 km

NIVEAU

Moderate

À partir de

€645

par personne

Réserver ou se renseigner sur

walkingholidayireland.com/walking-tours

[Voir le site pour les tarifs actuels](#)

À propos de cette randonnée

<thinking>

This is a short description for a walking holiday. I need to translate it from English to French following the specific rules:

1. Use formal "vous" (though not directly needed here as it's descriptive)
2. Use "randonnée" for walking holidays
3. Use "séjour" or "voyage" for holiday
4. Keep proper nouns in English (Sheep's Head Way, Wild Atlantic Way, Bantry, Kilcrohane, Durrus, West Cork)
5. Maintain warm, authentic Irish voice
6. No HTML tags to preserve here
7. Keep "Walking Holiday Ireland" in English if it appears (it doesn't here)

Let me translate:

"Three walking days" =...

Points forts

● La péninsule la plus tranquille de West Cork

Pas de cars de tourisme, pas de foule, pas de files d'attente. Le Sheep's Head Way est la moins fréquentée des trois péninsules de West Cork — et la plus préservée pour cette raison.

● The Sheep's Head Lighthouse Tip Walk

La randonnée phare du jour 3 — le long de la crête spectaculaire depuis Kilcrohane jusqu'à la tour de signalisation napoléonienne, le souffleur, et le petit phare blanc à l'extrémité même de la péninsule.

● Durrus et la vraie cuisine de West Cork

Deux visites à Durrus lors de ce voyage — berceau du Durrus Cheese, du Good Things Café (l'un des grands cafés-restaurants irlandais), et de la ceinture alimentaire artisanale qui fait de West Cork ce qu'il est.

● Bantry — Ville, Baie, Demeure, Marché

Vous arrivez dans l'une des plus douces villes de marché d'Irlande — Bantry House et ses jardins à l'italienne, le marché du vendredi, Fish Kitchen et le Brick Oven pour le dîner, et le long ruban de Bantry Bay juste à votre porte.

Pour qui ?

Randonneurs qui souhaitent découvrir West Cork loin des foules.

Les péninsules de Beara et Mizen attirent les visiteurs ; Sheep's Head offre la tranquillité. Trois jours de randonnée de 14 à 22 km sur un sentier clair et bien balisé. Le rythme est modéré, la compagnie rare, les panoramas authentiques.

Couples et amis qui accordent de l'importance à la gastronomie.

Deux visites à Durrus et au Good Things Café, dîners à Kilcrohane et Bantry, l'âme artisanale et culinaire de West Cork qui accompagne l'ensemble du voyage.

Programme jour par jour

JOUR

1

Arrival in Bantry

Nuit: Bantry

Arrive in Bantry and settle into your first accommodation — the gentle market town at the head of Bantry Bay. Bantry has a Friday market, the Italianate Bantry House and Gardens (well worth a visit if you arrive early enough), Fish Kitchen and the Brick Oven for dinner, and the long sweep of the bay outside the door.

We will provide you with information on how to get here using public transport in your pre-departure pack — Cork is the closest rail and bus hub, with regular onward services to Bantry — or talk to us about private transfer options from Cork Airport.

Tonight, rest. Tomorrow you walk west onto the Sheep's Head.

JOUR

2

Bantry to Glanlough — north coast

Marche: SHW Stage 1: Bantry to Glanlough (14.06 km) · Nuit: Kilcrohane

ROUTE 14.06 km · Moderate · Bantry to Glanlough

Your Sheep's Head Way begins. West out of Bantry along quiet coastal lanes onto the peninsula proper, with Bantry Bay opening out to your right and the Caha Mountains rising across the water. The trail leaves the road for green lanes and old farm tracks, climbing gently as it threads between pasture, hedgerow and the occasional sheep dog appearing from a gate.

About 14 km of rolling north-coast country, finishing at Glanlough. Bridge View House have arranged a transfer to bring you the short distance south to your accommodation in Kilcrohane. Tonight is dinner at Bridge View House — the on-site restaurant, with packed lunch already booked for tomorrow.

JOUR

3

Glanlough to Kilcrohane — north coast

Marche: SHW Stage 2: Glanlough to Cahergal (17.46 km) · Nuit: Kilcrohane

ROUTE 17.46 km · Moderate · Glanlough to Cahergal

After breakfast, a short transfer brings you back to Glanlough where the trail picks up. The path follows the north coast of the peninsula, now genuinely committed to the Sheep's Head with views opening west toward the lighthouse you'll visit tomorrow.

The route traces the slopes above Bantry Bay, threading between heather and gorse, with the occasional ruined stone cottage and the bones of an old copper-mining heritage. About 17.5 km later you finish near Kilcrohane village and walk the last short section to Bridge View House for your second night here.

O'Callaghan's pub for a celebratory pint is the obvious finish, or sit in the Bridge View House garden and watch the light change over the bay.

JOUR

4

Sheep's Head Lighthouse Tip Return

Marche: SHW Stage 3: Cahergal to Kilcrohane via Sheep's Head Lighthouse (23.01 km) · Nuit: Kilcrohane

ROUTE 23.01 km · Moderate · Cahergal to Kilcrohane

The star day. Out from Kilcrohane along the dramatic ridge to the very tip of the peninsula — the Napoleonic signal tower, the famous blowhole, and the small white lighthouse at the end of the world. 360-degree Atlantic views the whole way: Bantry Bay to your right, Dunmanus Bay to your left, the open ocean ahead.

The return route brings you back along the lower coastal path — different terrain, different views — to the same Kilcrohane B&B. Your bag is already there, no packing required. Tonight is a seafood dinner and an early bed.

JOUR

5

Kilcrohane to Durrus (via Ahakista)

Marche: SHW Stage 4: Kilcrohane to Durrus (south coast via Ahakista) (18.56 km) · Nuit: Durrus

ROUTE 18.56 km · Moderate · Kilcrohane to Durrus

The south coast return. East out of Kilcrohane along the quieter southern shore of the peninsula, with Dunmanus Bay on your right hand and the Mizen Head visible across the water. The trail passes stone circles, standing stones and a copper-mining heritage stretching back to the Bronze Age.

Lunch in Ahakista — a tiny harbour with Arundel's by the Pier for seafood — then on through pastoral country to Durrus. Tonight, Good Things Café for the celebration dinner.

JOUR

6

Departure

A leisurely morning. A last full Irish breakfast.

Durrus is roughly 90 minutes by road from Cork Airport / Cork Kent station, or 15 minutes back to Bantry if you'd like to spend the morning at Bantry House before heading on. We can arrange a private transfer for the morning if you'd prefer.



Prêt à marcher en Irlande ?

Chaque séjour est une randonnée en liberté avec hébergements sélectionnés, transfert quotidien des bagages, notes d'itinéraire détaillées et fichiers GPX — plus notre accompagnement personnel tout au long de votre marche. Dates et tailles de groupe flexibles — demandez-nous.

Inclus

- ✓ Accommodation: Welcoming en-suite B&B rooms
- ✓ Breakfast: Full Irish breakfast every morning
- ✓ Luggage Transfer: Daily transfer of your main bag between accommodations
- ✓ Personalised Itinerary and route app for your smart phone that keeps you on the trail at all times.
- ✓ Support: 24/7 emergency support throughout your holiday
- ✓ Pre-Departure Pack: Information pack sent before you travel, so you know exactly what to expect

Non inclus

- ✗ Flights: Travel to Ireland is not included
- ✗ Insurance: You'll need travel and walking holiday insurance
- ✗ Meals: Lunches and dinners are not included (though we'll recommend great local spots)



Contact

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Web : walkingholidayireland.com/fr

Ce séjour : walkingholidayireland.com/fr/randonnees/sheeps-head-way-SWA-SH-6M

See website for current rates

FROM

€645

per person