



Along the trail — Sleat Head Co. Kerry,

Sheep's Head Way Highlights

Four nights at Bridge View House Kilcrohane — the lighthouse, the south coast, and one of the great Irish walker B&Bs as your base

DURATION

5 days

WALKING DAYS

2

TOTAL DISTANCE

41.6 km

GRADE

Easy

From

€595

per person

Book or enquire at

walkingholidayireland.com/walking-tours

[See website for current rates](#)

About This Tour

A short break for walkers who want the highlights of the Sheep's Head Way without the full point-to-point trek. Four nights at Bridge View House in Kilcrohane, two-three walking days including the famous lighthouse tip return, and the south coast through Ahakista. Dinner on site every night, no luggage transfers — the simplest way to walk the peninsula.

Tour Highlights

● Four Nights at Bridge View House

Stay put. Bridge View House in Kilcrohane is a 10-room ensuite B&B with a proper restaurant on site — Ann Donegan's family have been welcoming walkers for years.

● The Sheep's Head Lighthouse Tip Walk

Day 2's star walk — out along the dramatic ridge from Kilcrohane to the Napoleonic signal tower, the blowhole, and the small white lighthouse at the very tip. 360-degree Atlantic views, both bays in sight. The big one.

● Ahakista and the South Coast

Stone circles, standing stones and a copper-mining heritage stretching back to the Bronze Age. Lunch at Arundel's by the Pier in Ahakista before the transfer back to Kilcrohane.

● A Free Day to Choose Your Own

Day 4 is yours — kayak in Bantry Bay from Kilcrohane harbour, visit the Sheep's Head Centre, walk down to Dooneen Pier, or take a private transfer to Bantry House and Gardens. We'll set you up with options.

Who Is It For?

Walkers who want the highlights, not the full trek.

The Sheep's Head Way 6/7/8-day tours are point-to-point — you move B&Bs almost every day. This 5-day Highlights stays put. Four nights at Bridge View House in Kilcrohane, two or three walking days, the famous lighthouse, the south coast — without the daily packing.

Couples and friends on a short break.

Five days from Cork is a long weekend extended. The pace is moderate, the dinners are at a proper restaurant, the bay is right there. The closest thing the Sheep's Head has to a slow walking holiday.

Solo walkers who want one host, not five.

Single supplements add up fast on a point-to-point trip with five different B&Bs. With one B&B for four nights, the supplement is gentler and Ann at Bridge View House looks after you.

Day-by-Day Itinerary

DAY

1

Arrival at Bridge View House, Kilcrohane

Overnight: Kilcrohane

Make your way to Cork Airport or Cork Kent station, where we can arrange a private transfer to Kilcrohane (about 2 hours through Bandon, Bantry and the Goat's Path). Or hire a car and take the scenic route — the Goat's Path between Bantry and Kilcrohane is one of the great short Irish drives.

Settle into Bridge View House B&B — Ann Donegan and her family have run it for years, and the restaurant downstairs takes care of dinner. If your legs need a stretch after travel, the short walk down to Dooneen Pier (about 2 km flat each way) is the right kind of evening: working harbour, fishing boats, and the bay opening west toward the lighthouse you'll walk to tomorrow.

Dinner at the Bridge View House restaurant. Early to bed.

DAY

2

Sheep's Head Lighthouse Tip Return

Walk: SHW Stage 3: Cahergal to Kilcrohane via Sheep's Head Lighthouse (23.01 km) · Overnight: Kilcrohane

ROUTE 23.01 km · Moderate · Cahergal to Kilcrohane

The star day. Bridge View House drop you at the trailhead in the morning. Out along the dramatic ridge to the very tip of the peninsula — the Napoleonic signal tower, the famous blowhole, and the small white lighthouse at the end of the world. 360-degree Atlantic views the whole way: Bantry Bay to your right, Dunmanus Bay to your left, the open ocean ahead.

Return on the lower coastal path — different terrain, different views — to Kilcrohane. Bridge View House collect you at the end of the trail and bring you back to your room. Tonight is dinner downstairs, a pint at O'Callaghan's pub if you've any legs left, and the satisfaction of the great Irish lighthouse walks ticked off.

The full out-and-back is about 23 km / 6-8 hours. A shorter loop variant of about 15 km is available if you'd like a less ambitious day — Ann at Bridge View House will help you choose on the morning.

DAY

3

Kilcrohane to Ahakista — South Coast

Walk: SHW Stage 4: Kilcrohane to Durrus (south coast via Ahakista) (18.56 km) · Overnight: Kilcrohane

ROUTE 18.56 km · Moderate · Kilcrohane to Durrus

The south coast leg. East out of Kilcrohane along the quieter shore of Dunmanus Bay, with the Mizen Head visible across the water. The trail passes stone circles, standing stones and a copper-mining heritage stretching back to the Bronze Age — about 10 km of pastoral coastal walking with the bay always to your right.

Lunch at Arundel's by the Pier in Ahakista — a tiny harbour with seafood that's worth the day on its own. Bridge View House collect you from Ahakista after lunch and bring you back to Kilcrohane.

If you'd rather walk all the way to Durrus (about 18 km, the full Stage 4), say so at breakfast — it's a longer day but doable, with the same transfer back from Durrus to Kilcrohane in the late afternoon.

DAY

4

A Free Day on the Sheep's Head

Overnight: Kilcrohane

Your fourth night at Bridge View House — and a day with no schedule. A few popular ways to spend it:

Kayak in Bantry Bay. Carbery Kayaks operate from Kilcrohane harbour with morning and afternoon trips on calm water — easy to book on the day.

Sheep's Head Centre and Eileen's. Good little heritage centre in Kilcrohane village with books on the trail, plus the kind of long lunch you can't engineer.

Bantry House and Gardens. A private transfer with Bridge View House (~€40 round trip) takes you to one of Ireland's great Italianate country houses, with formal gardens running down to Bantry Bay. Half a day, plus lunch in Bantry on the way back.

The Sheep's Head North Loop. A short coastal loop (~10 km) from Kilcrohane along Stage 2 of the trail, with a transfer back from Cahergal — gentler than the lighthouse day but the same coastal feeling.

Or just sit. The garden at Bridge View House looks west over the bay. Many guests do exactly that.

DAY

5

Departure from Kilcrohane

A leisurely morning. A last full Irish breakfast.

Cork Airport / Cork Kent station is roughly 2 hours by road from Kilcrohane through Bantry and Bandon. We can arrange a private transfer for whatever time suits your flight, or you can drive yourself if you brought a car — the Goat's Path back to Bantry first thing is a perfect last view of the peninsula you've just walked.



Ready to Walk Ireland?

Every tour is self-guided with hand-picked accommodation, daily luggage transfer, detailed route notes and GPX files, plus our personal local support throughout your walk. Dates and group sizes are flexible — just ask.

What's Included

- ✓ Accommodation: Welcoming en-suite B&B rooms
- ✓ Breakfast: Full Irish breakfast every morning
- ✓ Luggage Transfer: Daily transfer of your main bag between accommodations
- ✓ Personalised Itinerary and route app for your smart phone that keeps you on the trail at all times.
- ✓ Support: 24/7 emergency support throughout your holiday
- ✓ Pre-Departure Pack: Information pack sent before you travel, so you know exactly what to expect

Not Included

- ✗ Flights: Travel to Ireland is not included
- ✗ Insurance: You'll need travel and walking holiday insurance
- ✗ Meals: Lunches and dinners are not included (though we'll recommend great local spots)



Get in touch

Email: info@walkingholidayireland.com

Web: walkingholidayireland.com

This tour: walkingholidayireland.com/walking-tours/sheeps-head-way-SWA-SH-5M

FROM

€595

per person

See website for current rates