

WALKING HOLIDAY IRELAND

FROM
€855
per person sharing

SELF-GUIDED WALKING HOLIDAY · THE NATIONAL FAMINE WAY

NATIONAL FAMINE WAY PART B
7 DAYS

Walk the eastern half of the National Famine Way. Four days, 87 km, Mullingar to the Famine sculptures in Dublin. Both ends sit on the train line.

DURATION	WALKING DAYS	DISTANCE	GRADE
7 days	**5**	**86.8 km**	**Moderate**
6 nights B&B	14 to 27 km each	about 50 m of ascent	

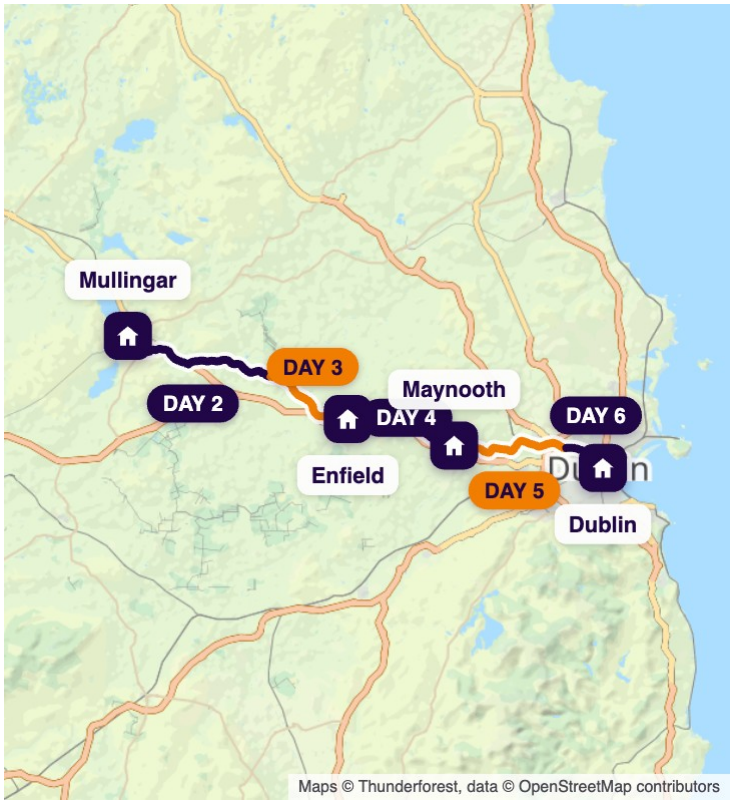
Family-run since 2012 · Cliff & Louise

walkingholidayireland.com

Tour code SAE-NF-7MB

Your route at a glance

Walk the eastern half of the National Famine Way. Four days, 87 km, Mullingar to the Famine sculptures in Dublin. Both ends sit on the train line.



Overnight · Days 2, 4 and 6 · Days 3 and 5

DAY 1 — Arrive Mullingar
Arrive into Mullingar, the largest town on…

DAY 2 — Mullingar to Hill of Down
25.9 km · Moderate · back to Enfield for…

DAY 3 — Hill of Down to Enfield
15.1 km · Gentle

DAY 4 — Enfield to Maynooth
18.8 km · Gentle

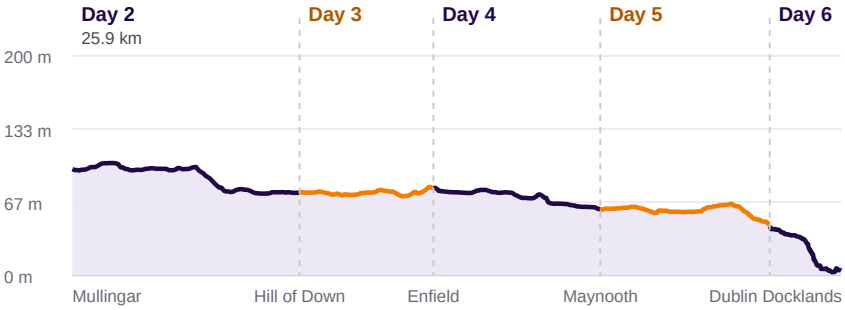
DAY 5 — Maynooth to Ashtown
19.3 km · Gentle · back to Dublin for…

DAY 6 — Ashtown to Dublin Docklands
8.2 km · Gentle

DAY 7 — Departure from Dublin
Breakfast and onward travel. The…

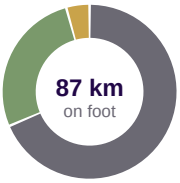
The whole walk in one line

86.8 km · 47 m of climbing over five days · from our GPS tracks



What's underfoot

Surface across the five walking days



Road and lane	69%
Footpath and trail	27%
Gravel and forest track	4%

The finish at the Famine sculptures

Rowan Gillespie bronze figures stand on Custom House Quay, on the very quayside the Strokestown emigrants left from in 1847.

Your certificate at EPIC

Hand your stamped Passport in at EPIC The Irish Emigration Museum, a few steps from the finish, and you learn what became of the famine family named on your ship ticket.

Two nights at Enfield

Hill of Down has no beds of its own, so we base you at Enfield and drive you to and from the trail. One less pack and unpack, and a shorter walking day in the middle.

Easy to reach, easy to leave

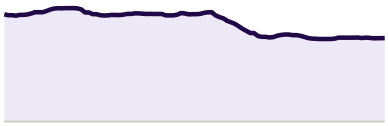
Mullingar and Dublin are both on the railway. You can start and finish this walk without a car at either end, which is rare on an Irish long distance trail.

Day by day

Elevation, 0 to 200 m · Moderate · Gentle

1 **Arrive Mullingar.** Arrive into Mullingar, the largest town on the National Famine Way and the natural midpoint of the trail. Direct trains run from Dublin Connolly and the station is a few minutes from the canal. **Overnight Mullingar**

DAY 2



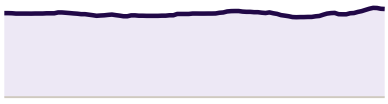
25.9 km · Moderate

Mullingar to Hill of Down

26 km · about 6 hours · level canal towpath East out of Mullingar on the towpath through Riverstown, a Passport stamp point, so have the booklet to hand, and Thomastown Harbour, crossing from Westmeath into Meath at the hamlet of Hill of Down. There is no accommodation at Hill of Down itself, so we transfer you the short distance to your guesthouse at Enfield; you stay there two nights and walk back from where you stopped in the morning.

Overnight Enfield · back to Enfield for the night

DAY 3



15.1 km · Gentle

Hill of Down to Enfield

14 km · about 4 hours · level canal towpath The shortest day, and a welcome one after yesterday. A transfer back out to Hill of Down, then an easy stretch through Moyvalley, stop on the Ribbontail Bridge, it is the photograph everyone takes, and on into Enfield, where the Famine Pot stands as a reminder of what the soup kitchens meant.

Overnight Enfield

DAY 4



18.8 km · Gentle

Enfield to Maynooth

19 km · about 5 hours · level canal towpath Through Kilcock and into Kildare, the canal widening and the towpath busier as Dublin draws closer. The day ends at Maynooth Harbour. Maynooth Castle and St Patrick's College are both a few minutes from the water and worth the hour if your legs allow.

Overnight Maynooth

DAY 5



19.3 km · Gentle

Maynooth to Ashtown

27 km · about 6½ hours · canal towpath into the city The longest day saved for last, and the one the whole trail has been pointing at. Through Leixlip, Clonsilla and Ashtown as the canal threads into Dublin, finishing at the Famine sculptures on Custom House Quay, the quayside where the 1,490 boarded for Liverpool. Your certificate of completion is waiting at the end.

Overnight Dublin · back to Dublin for the night

DAY 6

Ashtown to Dublin Docklands

Overnight Dublin



8.2 km · **Gentle**

7 **Departure from Dublin.** Breakfast and onward travel. The Jeanie Johnston famine ship is moored a few minutes from where you finished, with EPIC The Irish Emigration Museum next door and the Custom House Museum close by, all three pick up the story exactly where the trail leaves off. Worth the morning if you…

Is this walk for you?

GENTLE — MODERATE — CHALLENGING

14 to 27 km	47	5
a day	m of climbing in total	walking days

This suits walkers who want the ending. The finish at the Dublin sculptures is the emotional heart of the whole trail, and this is the shortest way to reach it on foot. Both ends are on the railway, so getting here and home is simple. It also works well as a second trip, after Part A.



INCLUDED

- ✓ 5 nights accommodation in B&Bs, guesthouses and small hotels (en suite rooms)
- ✓ Full Irish or continental breakfast every morning
- ✓ Daily luggage transfer between accommodation
- ✓ The official National Famine Way Passport Pack, your personalised ship ticket for one of the…
- ✓ Transfers between the trail and your accommodation where the trail has no beds of its own
- ✓ Personalised digital itinerary and route app for your smartphone that keeps you on the trail at all times
- ✓ 24 hours a day emergency contact and on trail support
- ✓ Before you travel information pack

NOT INCLUDED

- ✗ Flights to and from Ireland
- ✗ Travel and walking insurance, which is essential. We are happy to suggest providers
- ✗ Lunches and dinners
- ✗ Travel to Mullingar on day one, and home from Dublin on day six
- ✗ Entry to EPIC and the Jeanie Johnston, if you want to visit them

Want to walk further?
9 days to Dublin from €1,095 · 11 days to Dublin from €1,345

FROM

€855

per person sharing

Single room supplement applies.
See the website for current rates.

How booking works

1. Tell us your dates and how many walkers. We check the B&Bs.
2. A 25% deposit holds your places; the balance is due before you travel.
3. Your travel pack arrives 14 days before departure.

Check dates and book

Scan for live dates

info@walkingholidayireland.com · +353 42 932 3396

Cliff & Louise · Family-run since 2012 · We walk our routes. We answer the phone.