WALKING HOLIDAY IRELAND

FROM
€625
per person sharing



SELF-GUIDED WALKING HOLIDAY · THE COOLEY & MOURNE MOUNTAINS

MOURNE MOUNTAINS
5 DAYS

A focused 5-day self-guided walking holiday in the Mourne Mountains — arriving in the Victorian village of Rostrevor, exploring Kilbroney Forest on a looped walk, then following the Mourne Way through Tollymore to Newcastle under the shadow…

DURATION	WALKING DAYS	DISTANCE	GRADE
5 days	**2**	**32.4 km**	**Moderate**
4 nights B&B	15 to 18 km each	about 680 m of ascent	

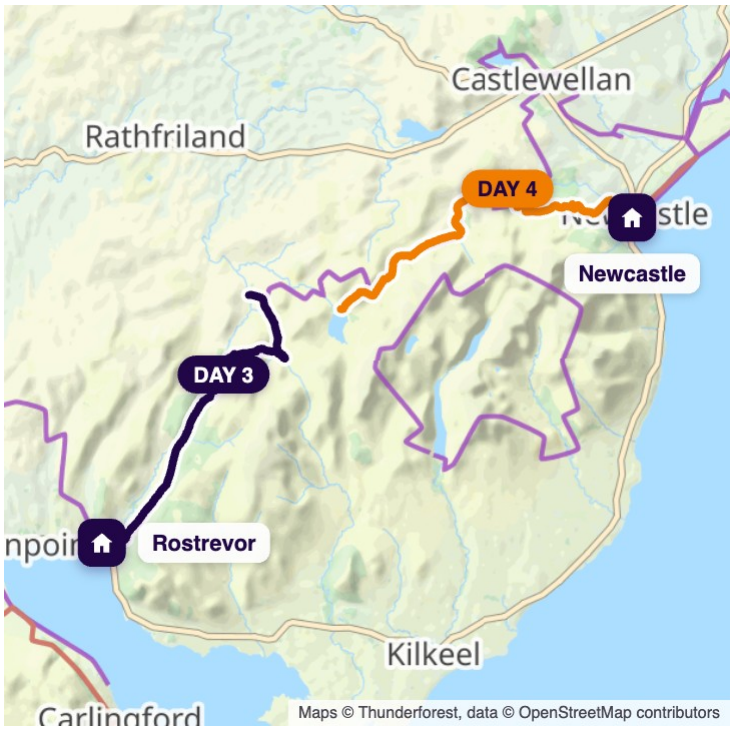
Family-run since 2012 · Cliff & Louise

walkingholidayireland.com

Tour code SAE-MM-5M

Your route at a glance

A focused 5-day self-guided walking holiday in the Mourne Mountains — arriving in the Victorian village of Rostrevor, exploring Kilbroney Forest on a looped walk, then following the Mourne Way through Tollymore to Newcastle under the shadow of Slieve Donard.



DAY 1 — **Arrival in Rostrevor**
Arrive in Rostrevor, a picture-postcard Victorian village nestled between the…

DAY 2 — **Kilbroney Forest Looped Walk**
A full day exploring Kilbroney Forest above Rostrevor — one of the finest forest walks…

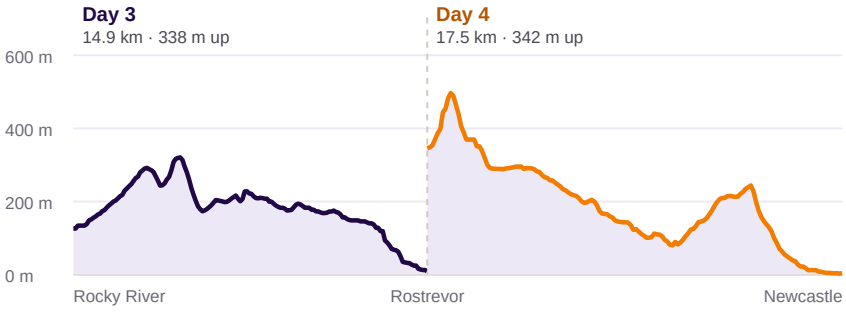
DAY 3 — **Mourne Way Part 1 — Rostrevor**
14.9 km · 338 m ascent · Gentle

DAY 4 — **Mourne Way Part 2 — through**
17.5 km · 342 m ascent · Moderate

DAY 5 — **Departure from Newcastle**
A final Irish breakfast with the Mournes at your back. Your pre-departure pack…

The whole walk in one line

32.4 km · 680 m of climbing over two days · from our GPS tracks



What's underfoot

Surface across the two walking days



Road and lane	12%
Footpath and trail	31%
Gravel and forest track	57%

Kilbroney Forest Looped Walk

A dedicated day exploring Kilbroney Forest above Rostrevor — ancient woodland, the Cloghmore Boulder with its panoramic views, and the quieter, wilder character of the…

The Mourne Wall

One of Ireland's great engineering feats: a dry stone wall that runs for 35 km over 15 mountain summits, built between 1904 and 1922 to enclose the Silent Valley water…

Tollymore Forest Park

One of Northern Ireland's most beautiful forests, with ancient woodland, elegant stone bridges over the Shimna River, and a now-famous role as a filming location for…

Newcastle & Slieve Donard

Finish in the seaside town of Newcastle, sitting in the shadow of Slieve Donard (853m) — Northern Ireland's highest peak.

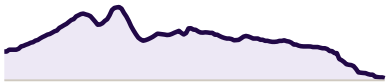
Day by day

Elevation, 0 to 600 m · Gentle · Moderate

1 **Arrival in Rostrevor.** Arrive in Rostrevor, a picture-postcard Victorian village nestled between the Mourne foothills and the southern shore of Carlingford Lough. Your pre-departure pack includes public transport options from Dublin and Belfast… **Overnight Rostrevor**

2 **Kilbroney Forest Looped Walk.** A full day exploring Kilbroney Forest above Rostrevor — one of the finest forest walks in Northern Ireland. The route climbs through ancient oak woodland to the Cloghmore Boulder, a massive glacial erratic perched on… **Overnight Rostrevor**

DAY 3



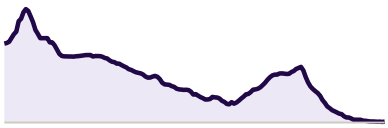
14.9 km · 338 m up · Gentle

Mourne Way Part 1 — Rostrevor towards the Mountains

Your first day on the Mourne Way proper. The trail leads inland from Rostrevor and into the heart of the Mournes — open moorland, the first glimpses of the famous Mourne Wall, and the growing sense of a genuine mountain landscape. The day ends in or near the Mourne foothills with the best still to come.

Overnight Rostrevor

DAY 4



17.5 km · 342 m up · Moderate

Mourne Way Part 2 — through Tollymore to Newcastle

The highlight of the tour. The Mourne Way passes through Tollymore Forest Park — ancient woodland, elegant stone bridges over the Shimna River, and the distinctive atmosphere of a landscape that has been used as a filming location for Game of Thrones. The trail emerges in Newcastle as Slieve Donard rises above the town, a fitting finale to four days in the Mournes.

Overnight Newcastle

5 **Departure from Newcastle.** A final Irish breakfast with the Mournes at your back. Your pre-departure pack includes public transport options to Dublin Airport (via Newry, approximately 2.5 hours) and Belfast Airport (approximately 1.5 hours). We can arrange private transfers if preferred.

Is this walk for you?

GENTLE — MODERATE — CHALLENGING

15 to 18 km	680	2
a day	m of climbing in total	walking days

This tour suits walkers who want a focused mountain experience in the Mournes without the additional Cooley Peninsula stages. You should be comfortable walking 14–18 km per day over varied terrain — forest paths, open moorland, and some hilly ground on the Kilbroney and Mourne Wall stages. The walking is moderate throughout: the Mourne Way is well-marked and the gradients are gentler than the Cooley ridgeline.



INCLUDED

- ✓ **Accommodation.** 4 nights in en-suite B&B rooms
- ✓ **Breakfast.** Full Irish or continental breakfast every morning
- ✓ **Luggage Transfer.** Daily door-to-door transfer of your main bag
- ✓ **Navigation.** Personalised digital itinerary and route app for your smartphone that keeps you on the trail at…
- ✓ **Pre-Departure Travel Pack.** Sent 3 weeks before you travel, including onward travel options from Newcastle
- ✓ **Support.** 24/7 emergency support line for the duration of your trip

NOT INCLUDED

- ✗ **Flights.** Travel to Ireland is not included
- ✗ **Airport Transfers.** Travel options from Newcastle are outlined in your pre-departure pack
- ✗ **Insurance.** You will need travel and walking holiday insurance
- ✗ **Meals.** Lunches and dinners (we'll happily recommend pubs and restaurants en route)
- ✗ **Personal Gear.** Hiking equipment and clothing

Want to walk further?

6 days to Newcastle from €785 · 6 days to Newcastle from €745 · 6 days to Carlingford from €755 · 7 days to Newcastle from €865

FROM

€625

per person sharing

Single room supplement applies. See the website for current rates.

How booking works

1. Tell us your dates and how many walkers. We check the B&Bs.
2. A 25% deposit holds your places; the balance is due before you travel.
3. Your travel pack arrives 14 days before departure.

Check dates and book

info@walkingholidayireland.com · +353 42 932 3396

Scan for live dates

Cliff & Louise · Family-run since 2012 · We walk our routes. We answer the phone.