WALKING HOLIDAY IRELAND

FROM
€795
per person sharing

SELF-GUIDED WALKING HOLIDAY · THE KERRY WAY

THE KERRY WAY
6 DAYS

A six-day walk on the Kerry Way — Killarney, Black Valley, Glencar, Glenbeigh and out to the Atlantic coast at Cahersiveen. 91km, Moderate grade, fully supported.

DURATION	WALKING DAYS	DISTANCE	GRADE
6 days	**4**	**56.4 km**	**Moderate**
5 nights B&B	18 to 20 km each	about 1,400 m of ascent	

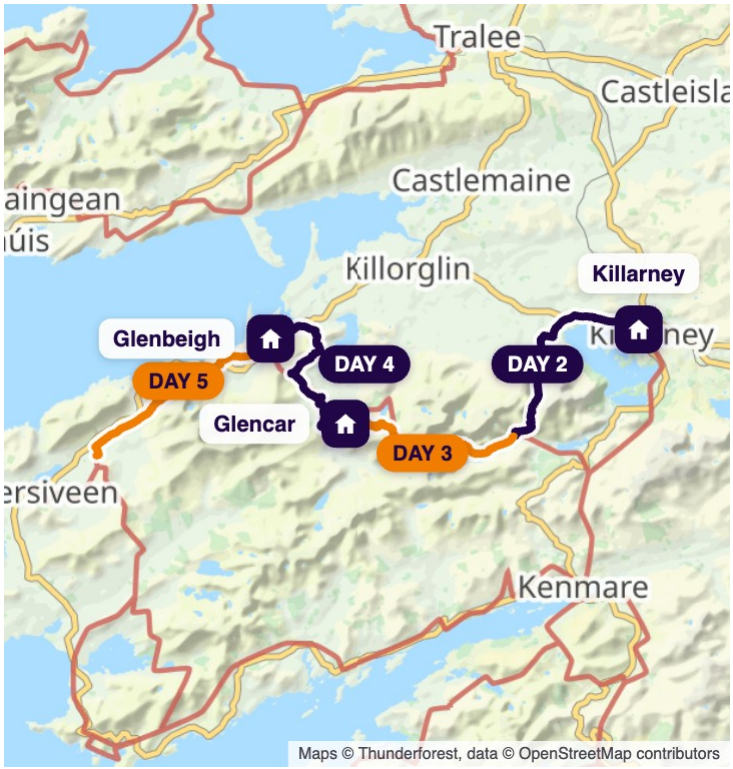
Family-run since 2012 · Cliff & Louise

walkingholidayireland.com

Tour code SWA-KW-6M

Your route at a glance

A six-day walk on the Kerry Way — Killarney, Black Valley, Glencar, Glenbeigh and out to the Atlantic coast at Cahersiveen. 91km, Moderate grade, fully supported.



Overnight · Days 2 and 4 · Days 3 and 5

DAY 1 — Arrival in Killarney
The Kerry Way begins tomorrow. Arrive in Killarney, Kerry's walking capital.

DAY 2 — Killarney to Black Valley
19.6 km · 259 m ascent · Moderate

DAY 3 — Black Valley to Glencar
18.8 km · 563 m ascent · Moderate

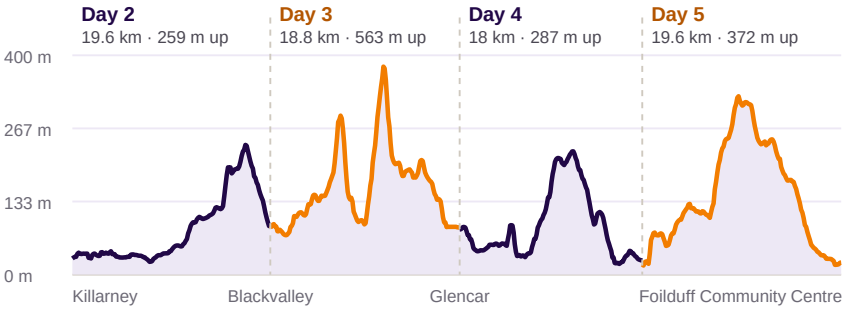
DAY 4 — Glencar to Glenbeigh
18 km · 287 m ascent · Moderate

DAY 5 — Glenbeigh to Cahersiveen
19.6 km · 372 m ascent · Moderate · back to Cahersiveen for the night

DAY 6 — Transfer to Killarney & departure
Public transport from Cahersiveen to Killarney after breakfast. Travel…

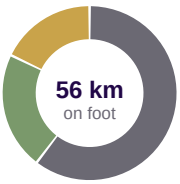
The whole walk in one line

56.4 km · 1,415 m of climbing over four days · from our GPS tracks



What's underfoot

Surface across the four walking days



Road and lane	60%
Footpath and trail	22%
Gravel and forest track	18%

The Gap of Dunloe

Day 2 climbs from Killarney through the Gap of Dunloe — five glacial lakes stepping down a narrow valley, with the McGillycuddy's Reeks on one side and the Purple…

The Black Valley

Ireland's most remote inhabited glen — no mobile signal, one road in, one road out. Spending a night here is the closest you can get to the Kerry of a century ago.

Rossbeigh Strand at Glenbeigh

After the descent from the mountains, the trail passes Rossbeigh Strand — a three-kilometre sweep of pale sand that curls out into Dingle Bay with the Dingle Peninsula…

The old stagecoach road to Cahersiveen

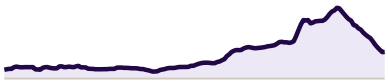
Day 5's walk from Glenbeigh climbs onto open bogland on the old Glenbeigh–Cahersiveen stagecoach road, built before the coast road existed.

Day by day

Elevation, 0 to 400 m · Moderate

1 **Arrival in Killarney.** The Kerry Way begins tomorrow. Arrive in Killarney, Kerry's walking capital. Collect your route notes, waterproof maps and pre-departure pack from your B&B host. Spend the evening getting your bearings: dinner in town, an early night, and a… **Overnight Killarney**

DAY 2



19.6 km · 259 m up · Moderate

Killarney to Black Valley

A morning through Killarney National Park, then up through the Gap of Dunloe: five glacial lakes stepping down a narrow valley, sheer mountain walls on either side. The climb is steady; the descent into the Black Valley is one of those moments where Ireland feels unexpectedly vast. The Black Valley is quiet in a way most of Europe isn't any more. Your B&B host will have stew and fresh bread waiting.

Overnight Black Valley

DAY 3



18.8 km · 563 m up · Moderate

Black Valley to Glencar

The trail leaves the Black Valley over the Broaghnabinnia pass — the highest point on the Kerry Way. Open bog, sheep country, and views that go on for miles. The long descent into Glencar passes through old farmland; the Climbers Inn, your overnight, has been feeding walkers since before either of us was born.

Overnight Glencar

DAY 4



18 km · 287 m up · Moderate

Glencar to Glenbeigh

You climb out of Glencar onto open mountainside with the full Dingle Peninsula across the water. The trail runs down the spine of the Iveragh Peninsula: hills on one side, Dingle Bay emerging on the other. The descent to Glenbeigh passes Rossbeigh Strand. Take your boots off — you've earned it.

Overnight Glenbeigh

DAY 5



19.6 km · 372 m up · Moderate

Glenbeigh to Cahersiveen

The old Glenbeigh–Cahersiveen stagecoach road climbs out of Glenbeigh onto high bogland, with the whole width of Dingle Bay opening to the north. A steady rhythm: open country, the occasional startled grouse, the scent of wild heather. The Kerry Way route ends at Foilduff, where a short transfer brings you into Cahersiveen — a characterful market town, birthplace of Daniel O'Connell, with good restaurants and a lively pub scene. After 18.7km of walking plus the transfer in, you've earned the music session.

Overnight Cahersiveen · back to Cahersiveen for the night

6 **Transfer to Killarney & departure.** Public transport from Cahersiveen to Killarney after breakfast. Travel from Killarney is easy: trains to Dublin, buses to Cork and Shannon, and Kerry Airport is twenty minutes away. Most walkers finish with one of two thoughts: either I should have done the 7-day or I'll do the 7-day next…

Is this walk for you?

GENTLE — MODERATE — CHALLENGING

18 to 20 km	1,415	4
a day	m of climbing in total	walking days

This tour suits regular walkers who are comfortable with sustained daily distances on mountain terrain. Most days are 14–20km; Day 5 (Glenbeigh to Cahersiveen) is the longest at around 28km when you include the short transfer at the end. If you have completed a multi-day Moderate walking tour before, this is a natural next step. You want both sides of Kerry — the inland mountains and the Atlantic coast. You like small villages, home cooking, and the kind of quiet you only get a long way from a motorway.



INCLUDED

- ✓ **Accommodation.** 5 nights in 3-star or better en-suite B&B
- ✓ **Breakfast.** Full Irish or continental breakfast every morning
- ✓ **Logistics.** Luggage transfers to each night's accommodation
- ✓ **Transfers.** Short transfer from Foilduff to Cahersiveen (Day 5), end-of-tour transfer from Cahersiveen back…
- ✓ **Navigation.** Personalised digital itinerary and route app for your smartphone that keeps you on the trail at…
- ✓ **Support.** 24/7 emergency contact line
- ✓ **Preparation.** Pre-departure information pack with route details and packing suggestions

NOT INCLUDED

- ✗ Flights to/from Ireland
- ✗ Travel and hiking insurance
- ✗ Lunches and dinners (though we'll suggest brilliant local spots)

Want to walk further?

7 days to Waterville from €905 · 8 days to Killarney from €1,085 · 10 days to Kenmare from €1,345 · 12 days to Killarney from €1,595

FROM

€795

per person sharing

Single room supplement applies. See the website for current rates.

How booking works

1. Tell us your dates and how many walkers. We check the B&Bs.
2. A 25% deposit holds your places; the balance is due before you travel.
3. Your travel pack arrives 14 days before departure.

Check dates and book

info@walkingholidayireland.com · +353 42 932 3396

Scan for live dates

Cliff & Louise · Family-run since 2012 · We walk our routes. We answer the phone.