



FROM
€715
per person sharing

SELF-GUIDED WALKING HOLIDAY · THE KERRY WAY

THE KERRY WAY

5 DAYS

Three days walking the heart of the Kerry Way — Killarney National Park, the Black Valley, and the Atlantic coast at Glenbeigh. 63km of mountain passes, lake shores and remote glens, starting and finishing in Killarney.

DURATION

5 days

4 nights B&B

WALKING DAYS

3

18 to 19 km each

DISTANCE

55.6 km

about 1,600 m of ascent

GRADE

● **Moderate**

★★★★★ 5.0 / 5 · 3 walker reviews

Family-run since 2012 · Cliff & Louise

walkingholidayireland.com

Tour code SWA-KW-5M

Your route at a glance

Three days walking the heart of the Kerry Way — Killarney National Park, the Black Valley, and the Atlantic coast at Glenbeigh. 63km of mountain passes, lake shores and remote glens, starting and finishing in Killarney.



 Overnight  Days 2 and 4  Day 3

DAY 1 **Arrival in Killarney**
Arrive into Killarney, the busiest walking town in Ireland and the natural base for the...

DAY 2 **From Muckross House, Killarney to**
18.8 km · 433 m ascent · Moderate

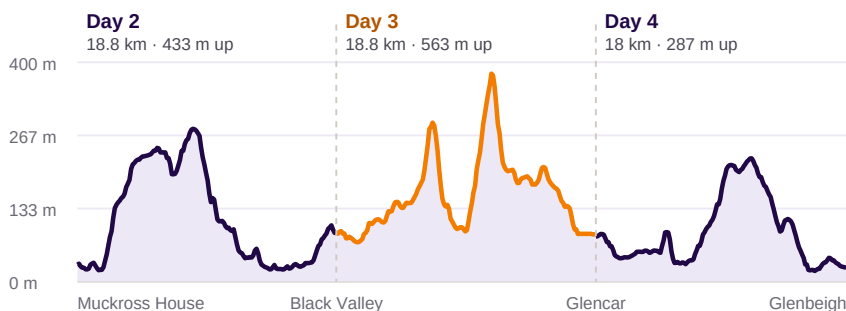
DAY 3 **From the Black Valley to Glencar**
18.8 km · 563 m ascent · Moderate

DAY 4 **From Glencar To Glenbeigh**
18 km · 287 m ascent · Moderate

DAY 5 **Departure from Glenbeigh**
After breakfast, train connections from Killarney run through to Dublin and to Cork.

The whole walk in one line

55.6 km · 1,579 m of climbing over three days · from our GPS tracks



What's underfoot

Surface across the three walking days



The Black Valley

Day 2 ends in the magnificent Black Valley — one of Ireland's wildest, most remote glens. Dark-sky country, no street lights, and Hillcrest Farmhouse waiting at the end...

Torc Waterfall & Muckross Abbey on Day 2

The opening walk passes the 18-metre Torc Waterfall, Muckross Abbey (15th-century Franciscan friary), and the shore of the Upper Lake — the showpiece corners of...

Full Mountain Stages, No Shortcuts

Three full Kerry Way mountain stages walked end-to-end — 22 km, 23 km and 18 km. No transfers across the trail, no skipped kilometres.

Killarney Start, Atlantic Finish

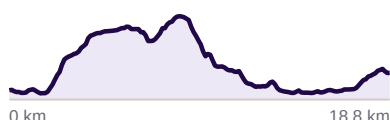
Start in the busiest walking town in Ireland with Killarney National Park on your doorstep, and finish at the Atlantic on Rossbeigh Strand.

Day by day

— Elevation, 0 to 400 m ● Moderate

- 1 Arrival in Killarney.** Arrive into Killarney, the busiest walking town in Ireland and the natural base for the Kerry Way. Settle into your central town B&B within walking distance of restaurants and pubs. Time permitting, walk the short route through Killarney... **Overnight Killarney**

DAY 2



18.8 km 433 m up

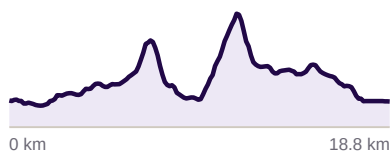
● Moderate

From Muckross House, Killarney to the Blackvalley

Your opening walk is one of the finest first-day stages on any Irish trail. The route starts at Muckross House just south of Killarney and past the 18-metre cascade of Torc Waterfall. The path climbs the Old Kenmare Road with views back over the lakes, traces the shore of the Upper Lake, passes Lord Brandon's Cottage, and crosses the long ridge into the magnificent Black Valley — one of Ireland's wildest, most remote glens.

Overnight Blackvalley

DAY 3



18.8 km 563 m up

● Moderate

From the Black Valley to Glencar

Up over the Lack Road pass beneath Carrauntoohil (Ireland's highest mountain, 1,038 m) and into the dramatic Bridia Valley — exposed moorland with panoramic views back to the Reeks. A long descent into the Glencar Valley, classic Kerry walkers' country.

Overnight Glencar

DAY 4



18 km 287 m up

● Moderate

From Glencar To Glenbeigh

The mountain-to-coast day. Up onto the Windy Gap above Caragh Lake with high views of Dingle Bay and the Atlantic, then a gentle descent to the seaside village of Glenbeigh on Rossbeigh Strand — 5 km of sand backed by the Slieve Mish Mountains. The Atlantic is finally revealed.

Overnight Glenbeigh

- 5 Departure from Glenbeigh.** After breakfast, train connections from Killarney run through to Dublin and to Cork. Cork Airport return transfers are available as an add-on if you'd prefer the door-to-door option.

Is this walk for you?

GENTLE MODERATE CHALLENGING



18 to 19 km

a day

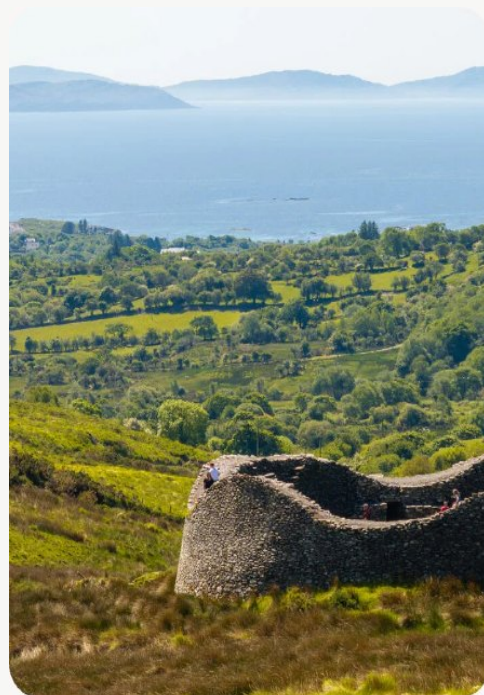
1,579

m of climbing in total

3

walking days

This tour is for regular walkers who can manage 18–23 km on mountain terrain over three consecutive days. You should be comfortable on uneven ground, in open country without waymarked pavement, and on long climbs and descents. Long enough to feel rewarded at the end of each day, short enough to enjoy the evening in the B&B. A short, focused taste of the Kerry Way's inland mountain heart rather than the full 8-day trail.



INCLUDED

- ✓ **Accommodation.** 4 nights in handpicked, quality B&Bs and guesthouses (not the cheapest available)
- ✓ **Breakfast.** Full Irish or continental breakfast every morning
- ✓ **End-of-tour transfer.** Glenbeigh - Killarney on Day 5
- ✓ **Luggage transfer.** to each night's accommodation on walking days
- ✓ **Navigation.** Digital route guide, GPS files, and offline maps
- ✓ **Welcome pack.** Kerry information, restaurant guide, and local tips
- ✓ **Phone support.** 24/7 local Irish emergency line — direct to Cliff
- ✓ **No booking fees, no hidden extras.**

NOT INCLUDED

- ✗ International flights
- ✗ Lunches and evening meals
- ✗ Cork or Kerry Airport transfers (available as a paid add-on)
- ✗ Personal travel insurance
- ✗ Anything of a personal nature

Want to walk further?

6 days to Cahersiveen from €795 · 7 days to Waterville from €905 · 8 days to Killarney from €1,085 · 10 days to Kenmare from €1,345

FROM

€715

per person sharing

Single room supplement applies.
See the website for current rates.

How booking works

- 1 Tell us your dates and how many walkers. We check the B&Bs.
- 2 A 25% deposit holds your places; the balance is due before you travel.
- 3 Your travel pack arrives 14 days before departure.

Check dates and book

info@walkingholidayireland.com · +353 42 932 3396



Scan for live dates

Cliff & Louise · Family-run since 2012 · We walk our routes. We answer the phone.

★★★★★ 5.0 / 5 · 3 reviews