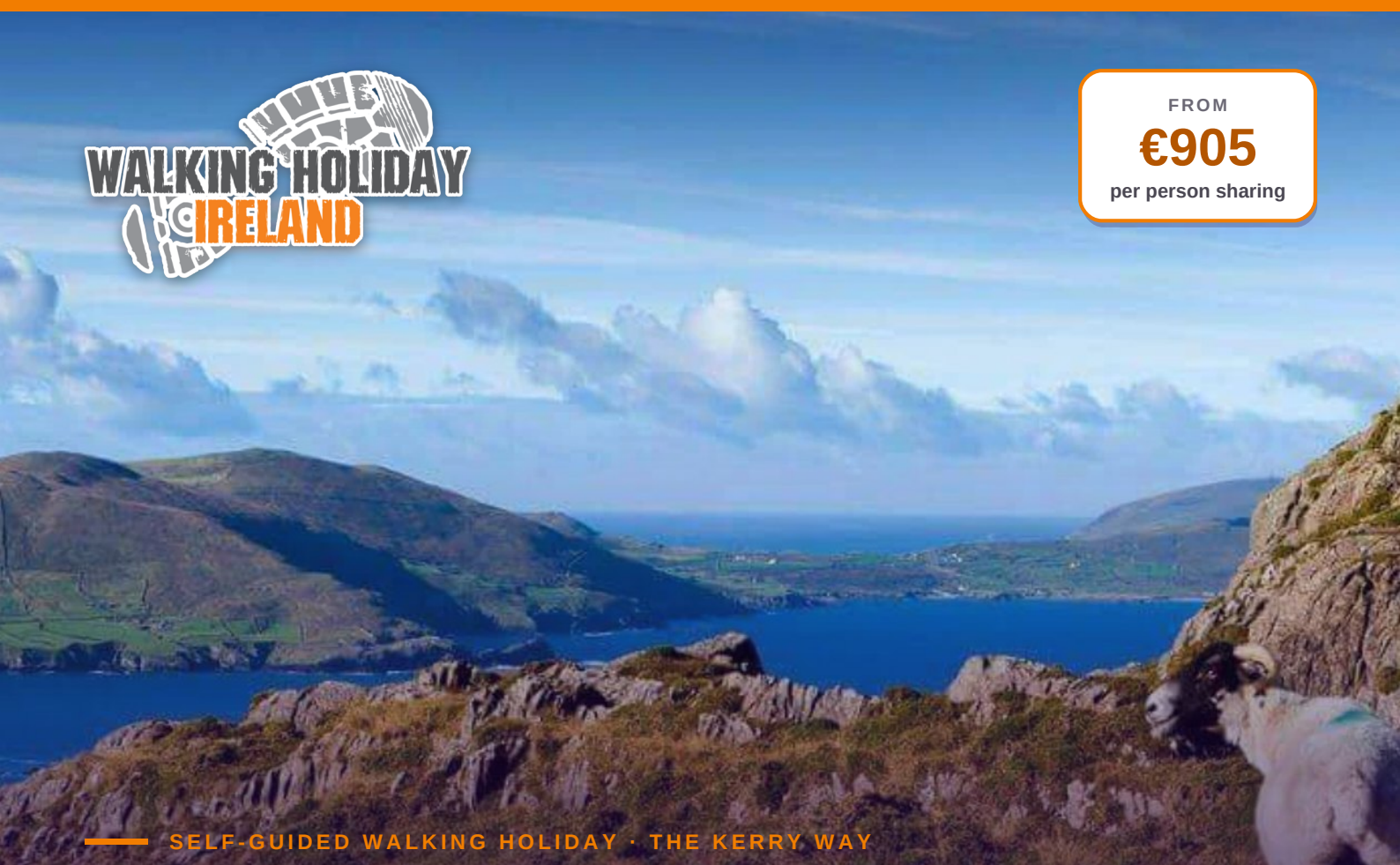
WALKING HOLIDAY IRELAND

FROM
€905
per person sharing



SELF-GUIDED WALKING HOLIDAY · THE KERRY WAY

THE KERRY WAY
7 DAYS

A seven-day Kerry Way walk from Killarney through the Black Valley out to the Atlantic — finishing in Waterville under the Skellig Islands. 100km, Moderate grade.

DURATION	WALKING DAYS	DISTANCE	GRADE
7 days	**5**	**100.1 km**	**Moderate**
6 nights B&B	14 to 29 km each	about 2,600 m of ascent	

Family-run since 2012 · Cliff & Louise

walkingholidayireland.com
Tour code SWA-KW-7M

Your route at a glance

A seven-day Kerry Way walk from Killarney through the Black Valley out to the Atlantic — finishing in Waterville under the Skellig Islands. 100km, Moderate grade.



DAY 1 — **Arrival in Killarney**
The Kerry Way begins tomorrow. Arrive…

DAY 2 — **Killarney to Black Valley**
38.4 km · 692 m ascent · Moderate

DAY 3 — **Black Valley to Glencar**
18.8 km · 563 m ascent · Moderate

DAY 4 — **Glencar to Glenbeigh**
13.5 km · 429 m ascent · Gentle

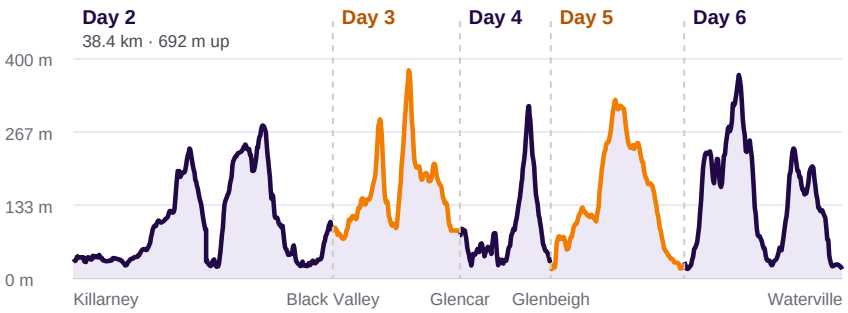
DAY 5 — **Glenbeigh to Cahersiveen**
19.6 km · 372 m ascent · Moderate · back…

DAY 6 — **Cahersiveen to Waterville**
23.5 km · 759 m ascent · Challenging

DAY 7 — **Transfer to Killarney & departure**
A last Irish breakfast in Waterville, then…

The whole walk in one line

100.1 km · 2,615 m of climbing over five days · from our GPS tracks



What's underfoot

Surface across the five walking days



Road and lane	45%
Footpath and trail	36%
Gravel and forest track	19%

The Gap of Dunloe

Day 2 climbs out of Killarney through the Gap of Dunloe — a glacial valley with five lakes, sheer mountain walls and the McGillycuddy's Reeks towering above.

The Black Valley

Ireland's most remote inhabited glen. No mobile signal, no streetlight. Walking in and walking out is the closest you can get to the Kerry of a century ago.

The Skellig Islands on the horizon

Day 6 — Cahersiveen to Waterville — climbs above Bolus Head and the Skellig Islands appear on the Atlantic horizon.

Chaplin's Waterville

The descent into Waterville is long, gradual and beautiful — the village appearing slowly below you as the trail drops toward the coast.

Day by day

Elevation, 0 to 400 m · Moderate · Gentle · Challenging

1 **Arrival in Killarney.** The Kerry Way begins tomorrow. Arrive in Killarney, Kerry's walking capital. Collect your route notes, waterproof maps and pre-departure pack from your B&B host. Dinner in town, an early night, and a quiet moment with a map.

Overnight Killarney

DAY **2**



38.4 km · 692 m up · Moderate

Killarney to Black Valley

A morning through Killarney National Park, then up through the Gap of Dunloe — five glacial lakes, sheer mountain walls, the Reeks above. The descent into the Black Valley is sudden and green. The Black Valley is quiet in a way most of Europe isn't any more. Your B&B host is expecting you.

Overnight Black Valley

DAY **3**



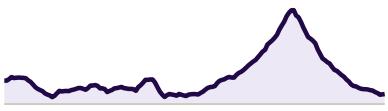
18.8 km · 563 m up · Moderate

Black Valley to Glencar

Over the Broaghnabinnia pass — the highest point on the Kerry Way — into open bog and sheep country. The long descent into Glencar passes old farmland. The Climbers Inn has been feeding walkers for over a century.

Overnight Glencar

DAY **4**



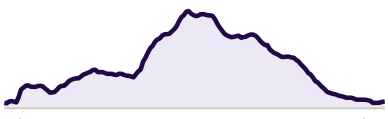
13.5 km · 429 m up · Gentle

Glencar to Glenbeigh

You climb out of Glencar onto open mountainside with the Dingle Peninsula across the water. The descent to Glenbeigh passes Rossbeigh Strand — three kilometres of pale sand curling into Dingle Bay.

Overnight Glenbeigh

DAY **5**



19.6 km · 372 m up · Moderate

Glenbeigh to Cahersiveen

The old stagecoach road climbs out of Glenbeigh onto high bogland with the full width of Dingle Bay to the north. The route ends at Foilduff, where a short transfer brings you into Cahersiveen — Daniel O'Connell's birthplace, a characterful market town. Rest well: tomorrow is the Kerry Way's most memorable day.

Overnight Cahersiveen · back to Cahersiveen for the night

DAY **6**



23.5 km **759 m up**

Challenging

Cahersiveen to Waterville

This is the day. The toughest stage on the tour — and the most memorable. You start from Cahersiveen and climb immediately into the mountains, the trail rising above Bolus Head with Kerry's Atlantic coastline falling away below you. At around 400 metres, the Skellig Islands appear on the western horizon: Skellig Michael and Little Skellig, their dark silhouettes unmistakable against the Atlantic. Monks built a monastery on Skellig Michael in the 6th century and lived there for six hundred years. You can see why they chose it. The descent into Waterville is long, gradual, and beautiful. Charlie Chaplin brought his family here every summer for decades.

Overnight Waterville

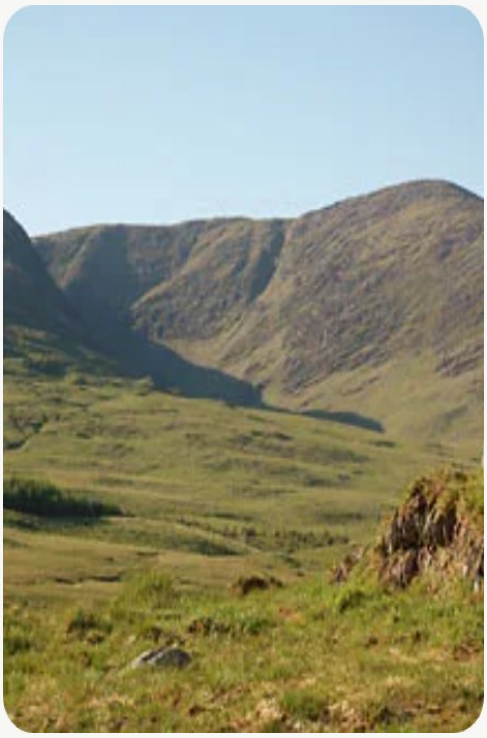
7 **Transfer to Killarney & departure.** A last Irish breakfast in Waterville, then your scheduled transfer back to Killarney — around two hours along the Ring of Kerry road. Onwards travel is easy: trains to Dublin, buses to Cork and Shannon, Kerry Airport twenty minutes from Killarney.

Is this walk for you?

GENTLE — MODERATE — CHALLENGING

14 to 29 km	2,615	5
a day	m of climbing in total	walking days

This tour suits confident walkers comfortable with sustained daily distances on mountain terrain across six consecutive walking days. Most days are 15–23km; Day 6 (Cahersiveen to Waterville) is a longer stage at around 29km — the toughest walking day of the week, with exposed high ground above Bolus Head. If you have completed Moderate multi-day walking tours before, the 7-day is the natural step up. You want the full arc — inland mountains, remote valleys, and the wild Atlantic coast.



INCLUDED

- ✓ **Accommodation.** 6 nights in 3-star or better en-suite B&B
- ✓ **Breakfast.** Full Irish or continental breakfast every morning
- ✓ **Logistics.** Luggage transfers to each night's accommodation
- ✓ **Transfers.** Short transfer from Foilduff to Cahersiveen (Day 5), end-of-tour transfer from Waterville back…
- ✓ **Navigation.** Personalised digital itinerary and route app for your smartphone that keeps you on the trail at…
- ✓ **Support.** 24/7 emergency contact line
- ✓ **Preparation.** Pre-departure information pack with route details and packing suggestions

NOT INCLUDED

- ✗ Flights to/from Ireland
- ✗ Travel and hiking insurance
- ✗ Lunches and dinners (though we'll suggest brilliant local spots)

Want to walk further?

8 days to Killarney from €1,085 · 10 days to Kenmare from €1,345 · 12 days to Killarney from €1,595

FROM

€905

per person sharing

Single room supplement applies. See the website for current rates.

How booking works

1. Tell us your dates and how many walkers. We check the B&Bs.
2. A 25% deposit holds your places; the balance is due before you travel.
3. Your travel pack arrives 14 days before departure.

Check dates and book

info@walkingholidayireland.com · +353 42 932 3396

Scan for live dates

Cliff & Louise · Family-run since 2012 · We walk our routes. We answer the phone.