



Along the trail — County Kerry, Ireland

The Kerry Way Hiking Tour — 7 Days (Moderate)

Six walking days from Killarney out to the Atlantic — Cahersiveen, Waterville and the Skellig coast

DURATION

7 days

WALKING DAYS

5

TOTAL DISTANCE

81.3 km

GRADE

Challenging

From

€945

per person

Book or enquire at

walkingholidayireland.com/walking-tours

[See website for current rates](#)

About This Tour

A seven-day Kerry Way walk from Killarney through the Black Valley out to the Atlantic — finishing in Waterville under the Skellig Islands. 120km, Moderate grade.

Tour Highlights

- **The Gap of Dunloe**

Day 2 climbs out of Killarney through the Gap of Dunloe — a glacial valley with five lakes, sheer mountain walls and the McGillicuddy's Reeks towering above. A classic Irish walk and a serious mountain introduction.

- **The Black Valley**

Ireland's most remote inhabited glen. No mobile signal, no streetlight. Walking in and walking out is the closest you can get to the Kerry of a century ago. Your B&B host has almost certainly walked every step of tomorrow's stage.

- **The Skellig Islands on the horizon**

Day 6 — Cahersiveen to Waterville — climbs above Bolus Head and the Skellig Islands appear on the Atlantic horizon.

- **Chaplin's Waterville**

The descent into Waterville is long, gradual and beautiful — the village appearing slowly below you as the trail drops toward the coast. Charlie Chaplin brought his family here every summer for decades.

Who Is It For?

Your fitness level

This tour suits confident walkers comfortable with sustained daily distances on mountain terrain across six consecutive walking days. Most days are 15–23km; Day 6 (Cahersiveen to Waterville) is a longer stage at around 29km — the toughest walking day of the week, with exposed high ground above Bolus Head. If you have completed Moderate multi-day walking tours before, the 7-day is the natural step up.

The right kind of traveller

You want the full arc — inland mountains, remote valleys, and the wild Atlantic coast. You prefer earning a view to arriving at one. You like small villages, family-run B&Bs, and the kind of days that do not involve a road for hours.

Solo walkers, couples and small groups

The fully supported self-guided format works for all three.

Day-by-Day Itinerary

DAY
1

Arrival in Killarney

Overnight: Killarney

The Kerry Way begins tomorrow.

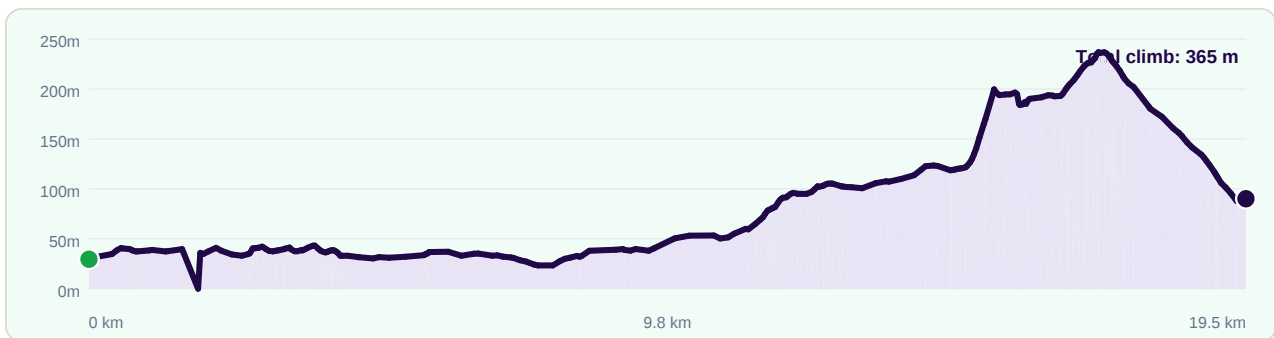
Arrive in Killarney, Kerry's walking capital. Collect your route notes, waterproof maps and pre-departure pack from your B&B host. Dinner in town, an early night, and a quiet moment with a map.

DAY
2

Killarney to Black Valley

Walk: KW Killarney to Blackvalley via Gap of Dunloe (19.6 km) · Overnight: Black Valley

ROUTE 19.6 km · 373 m ascent · Moderate · Killarney to Blackvalley



A morning through Killarney National Park, then up through the Gap of Dunloe — five glacial lakes, sheer mountain walls, the Reeks above. The descent into the Black Valley is sudden and green.

The Black Valley is quiet in a way most of Europe isn't any more. Your B&B host is expecting you.

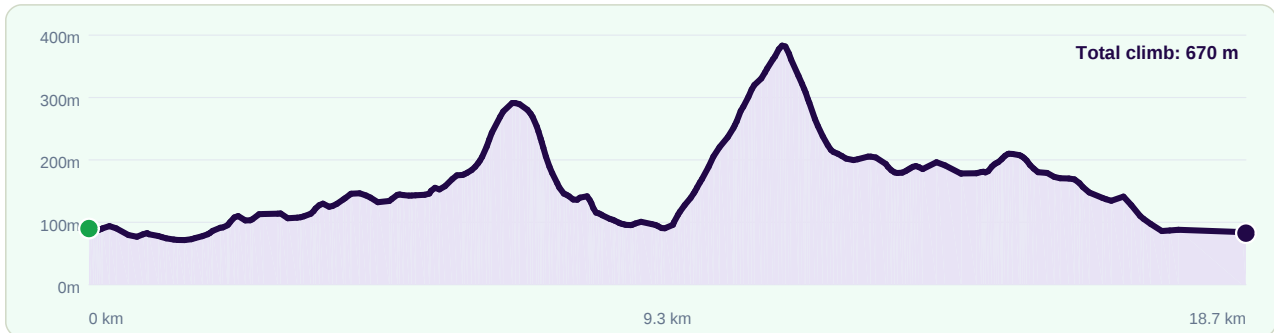
DAY

3

Black Valley to Glencar

Walk: KW Blackvalley to Glencar (18.8 km) · Overnight: Glencar

ROUTE 18.8 km · 674 m ascent · Moderate · Blackvalley to Glencar



Over the Broaghnbinnia pass — the highest point on the Kerry Way — into open bog and sheep country. The long descent into Glencar passes old farmland. The Climbers Inn has been feeding walkers for over a century.

DAY

4

Glencar to Glenbeigh

Walk: Kerry Way Glencar to Glenbeigh (13.5 km) · Overnight: Glenbeigh

ROUTE 13.5 km · 667 m ascent · Moderate · Glencar to Glenbeigh



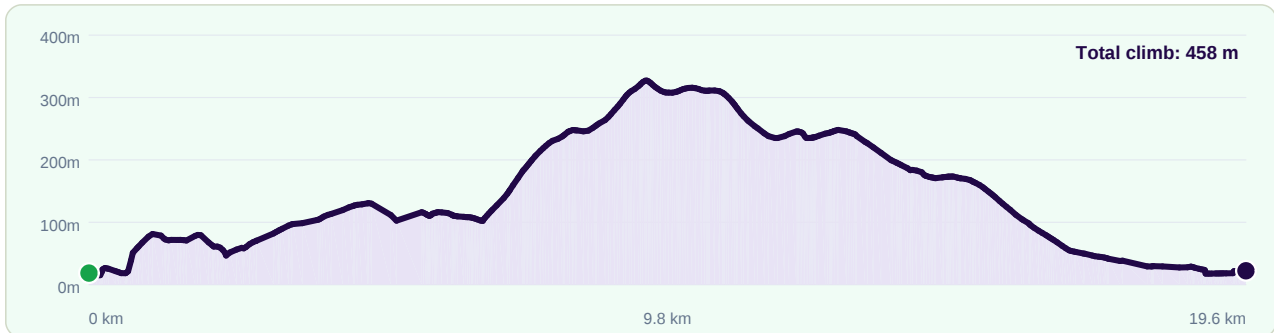
You climb out of Glencar onto open mountainside with the Dingle Peninsula across the water. The descent to Glenbeigh passes Rossbeigh Strand — three kilometres of pale sand curling into Dingle Bay.

DAY
5

Glenbeigh to Cahersiveen

Walk: KW Glenbeigh to Foilduff (19.6 km) · Overnight: Cahersiveen

ROUTE 19.6 km · 458 m ascent · Moderate · Glenbeigh to Foilduff Community Centre



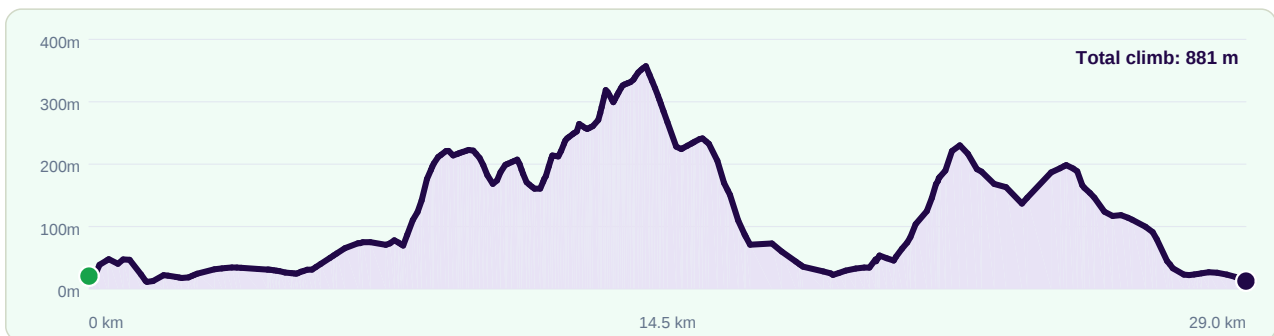
The old stagecoach road climbs out of Glenbeigh onto high bogland with the full width of Dingle Bay to the north. The route ends at Foilduff, where a short transfer brings you into Cahersiveen — Daniel O'Connell's birthplace, a characterful market town. Rest well: tomorrow is the Kerry Way's most memorable day.

DAY
6

Cahersiveen to Waterville

Walk: Kerry Way Cahersiveen to Waterville (29.4 km) · Overnight: Waterville

ROUTE 29.4 km · 901 m ascent · Challenging+ · Cahersiveen to Waterville



This is the day. The toughest stage on the tour — and the most memorable. You start from Cahersiveen and climb immediately into the mountains, the trail rising above Bolus Head with Kerry's Atlantic coastline falling away below you.

At around 400 metres, the Skellig Islands appear on the western horizon: Skellig Michael and Little Skellig, their dark silhouettes unmistakable against the Atlantic. Monks built a monastery on Skellig Michael in the 6th century and lived there for six hundred years. You can see why they chose it.

The descent into Waterville is long, gradual, and beautiful. Charlie Chaplin brought his family here every summer for decades. His bronze statue in the square captures the place perfectly. You'll be ready to join him.

DAY

7

Transfer to Killarney & departure

A last Irish breakfast in Waterville, then your scheduled transfer back to Killarney — around two hours along the Ring of Kerry road. Onwards travel is easy: trains to Dublin, buses to Cork and Shannon, Kerry Airport twenty minutes from Killarney.

Most walkers are already thinking about the 8-day version — which continues east along the coast from Waterville to Caherdaniel, Sneem and Kenmare before returning to Killarney on foot. That one keeps you walking a little longer.



Ready to Walk Ireland?

Every tour is self-guided with hand-picked accommodation, daily luggage transfer, detailed route notes and GPX files, plus our personal local support throughout your walk. Dates and group sizes are flexible — just ask.

What's Included

- ✓ Accommodation: Welcoming en-suite B&B rooms
- ✓ Breakfast: Full Irish breakfast every morning
- ✓ Luggage Transfer: Daily transfer of your main bag between accommodations
- ✓ Personalised Itinerary and route app for your smart phone that keeps you on the trail at all times.
- ✓ Support: 24/7 emergency support throughout your holiday
- ✓ Pre-Departure Pack: Information pack sent before you travel, so you know exactly what to expect

Not Included

- ✗ Flights: Travel to Ireland is not included
- ✗ Insurance: You'll need travel and walking holiday insurance
- ✗ Meals: Lunches and dinners are not included (though we'll recommend great local spots)



Get in touch

Email: info@walkingholidayireland.com

Web: walkingholidayireland.com

This tour: walkingholidayireland.com/walking-tours/kerry-way-7-days-moderate

FROM

€945

per person

See website for current rates