

★★★★★ 4.8 / 5 · 9 walker reviews

WALKING HOLIDAY IRELAND

WALKING AREA GUIDE

THE DINGLE WAY

The westernmost loop in Ireland — 179km around the Dingle Peninsula where ancient stone churches meet Atlantic cliffs, the Blasket Islands float offshore and Dingle town offers the kind of evening you won't forget.

TOURS	DURATION	DISTANCE	GRADE
6	5 to 10	62 to 146	Moderate
self-guided	days	km on foot	17 to 23 km a day

FAMILY-RUN SINCE 2012

Cliff & Louise, Dundalk, Co. Louth

We walk our routes. We answer the phone.

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One trail, six ways to walk it

The Dingle Peninsula is shaped by Atlantic exposure and weathered old red sandstone. Glaciers carved valleys during the last ice age, creating steep hillsides and rocky outcrops.

…



HOW FAR EACH TOUR GOES

Walking km only · every tour adds an arrival and a departure day

TOUR	START · FINISH	GRADE	WALK DAYS	TOTAL	AVG PER DAY
5 days	Camp → Dunquin	Moderate	3	**61.6 km**	20.5 km
6 days	Camp → Ballydavid / Cuas	Moderate	4	**84.4 km**	21.1 km
7 days	Camp → Cloghane	Moderate	5	**101.7 km**	20.3 km
8 days	Camp → Castlegregory	Moderate	6	**128.3 km**	21.4 km
9 days	Tralee → Castlegregory	Moderate	7	**140 km**	20 km
10 days	Tralee → Castlegregory	Moderate	7	**145.6 km**	20.8 km

LANDMARKS ON THE WAY

The Blasket Islands
Visible from Slea Head on any clear day; evacuated…

Inch Beach
Five-kilometre sand spit, filming location for Ryan's…

Dingle town
Working fishing port with 400+ years of history…

Annascaul
Home of Tom Crean, Antarctic explorer; South Pole Inn…



WHY WALK HERE

The Dingle Peninsula blends ancient archaeology, living Irish language, and maritime tradition

The landscape

The Dingle Peninsula is shaped by Atlantic exposure and weathered old red sandstone. Glaciers carved valleys during the last ice age, creating steep hillsides and rocky outcrops.

The trail moves through distinct zones: pastoral patchwork with stone…

History & culture

Ancient archaeology defines the peninsula; over 2,000 recorded sites cluster here. Walking past Iron Age forts, beehive huts and early Christian churches means stepping through 3,000 years of history. Gallarus Oratory (700-800 AD) is built with dry-stone corbelling and still sheds…

Food & drink

Dingle Bay seafood: Fresh crab, lobster and fish landed daily at the harbour — Out of the Blue restaurant has earned a national reputation for the freshest catch on Ireland's west coast Murphy's Ice Cream: Artisan ice cream made in Dingle since 1999 using Dingle sea salt and Kerry cream…

Is The Dingle Way for you?

GENTLE · MODERATE · CHALLENGING

Graded **Moderate**

17 to 23	31 to 719	3 to 7
km a day	m climb a day	walking days

Who it suits

The Dingle Way suits experienced walkers seeking serious mountain walking with genuine cultural depth and living Irish village life. It's excellent for those who've completed long-distance trails and want exposed, remote walking. Solo walkers and couples…

Terrain

The Dingle Way is moderate to challenging for walkers with reasonable fitness and prior long-distance experience. Our 8-day itinerary covers 20 to 25 kilometres daily with ascents of 400 m to 800 m on mountain sections.

…

When to go

J	F	M	A	M	J	J	A	S	O	N	D
10°	10°	11°	12°	15°	17°	18°	18°	17°	14°	12°	10°
187	137	116	108	94	101	117	114	130	173	189	179

°C average daytime high · rain, mm a month

Best months. May, June and September are optimal.

May brings long evenings, emerging wildflowers

Season. Tours start between 15 April and 15 October.

Weather. Mild all season, 12 to 18°C by day. Expect some rain on any trip and pack a good waterproof.

Met Éireann 1991–2020 averages, Valentia Observatory, the nearest long-term station.

Six walking holidays in The Dingle Way

The further you go, the quieter the trail gets. Prices are per person sharing and include B&B, luggage transfers, route notes and our app.

5 DAYS

Camp to Slea Head — three walking days through the heart of the Dingle Peninsula

Camp - Dunquin · 3 walking days · 61.6 km

FROM **€695** per person

6 DAYS

Camp to Ballydavid — four days from sheep country to the wildest tip of…

Camp - Ballydavid / Cuas · 4 walking days · 84.4 km

FROM **€795** per person

7 DAYS

Camp to Cloghane — five days around the southern, western and northern…

Camp - Cloghane · 5 walking days · 101.7 km

FROM **€895** per person

8 DAYS

Camp to Castlegregory — six days right around the Dingle Peninsula on foot

Camp - Castlegregory · 6 walking days · 128.3 km

FROM **€995** per person

9 DAYS

Tralee to Castlegregory — the full waymarked Dingle Way over…

Tralee - Castlegregory · 7 walking days · 140 km

FROM **€1,095** per person

10 DAYS

Tralee to Castlegregory at a relaxed pace — full waymarked trail with a rest day…

Tralee - Castlegregory · 7 walking days · 145.6 km

LONGEST

FROM **€1,260** per person

● Overnight village ● Where the tour ends Single travellers welcome, a…



★★★★★ WALKED IT

"We had a great holiday. Contact and service were excellent — actually, there was no point for improvement. I would definitely recommend your organisation."

Karin A., Netherlands · 2024

Every tour includes

- ✓ En-suite B&B rooms, chosen…
- ✓ Full Irish breakfast every morning
- ✓ Daily luggage transfer
- ✓ Route notes and our GPS app
- ✓ Pre-departure pack
- ✓ 24/7 emergency support

Not sure which?

Tell us your fitness and your dates. We have walked these trails and will say honestly which version fits.

+353 42 932 3396

1
Choose your route
Pick a tour and your dates. We check availability.

2
We plan everything
B&Bs, transfers, route notes, app. A pack arrives before you travel.

3
You walk
At your own pace, with a daypack. We are a phone call away.

4
Bags waiting at your door
Your main bag moves while you walk and is there at the next B&B.

GETTING THERE & PRACTICAL

Cork Airport (ORK) and Kerry Airport (KIR) are closest to Tralee, at approximately 90 and 40 minutes respectively.

Cork connects better internationally; Kerry is nearer the trailhead.

Bus services from either airport run via Bus Éireann and GoBus.

Tralee train station connects to Dublin and Cork via Irish Rail.

WHERE YOU'LL STAY



Dingle town offers the widest choice and most lively evenings: boutique guesthouses, traditional bed and breakfasts overlooking the harbour, and small hotels where staff have walked the trail.

The town feels like the natural heart of any Dingle Way trip. Smaller stops like Annascaul, Dunquin and…

4.8/5

★★★★★

9 walker reviews of The Dingle Way

"Embarking on a walking tour in Ireland's west with Walking Holiday Ireland was an exceptional experience. The moderate hikes were perfectly complemented by the hospitality of the B&B hosts, who were

Dave Higgins, United States · 2024

Ready to walk The Dingle Way?

See live availability, full daily itineraries and current rates on our website, or ask us anything first. A deposit holds your dates; the balance is due before you travel.

Scan to see dates

Check dates and book

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