



Along the trail in Dingle, Ireland

Dingle Way Walking Holiday — 9 Days (Moderate)

Tralee to Castlegregory — the full waymarked Dingle Way over seven walking days

DURATION

9 days

WALKING DAYS

7

TOTAL DISTANCE

140 km

GRADE

Moderate

From

€1,080

per person

Book or enquire at

walkingholidayireland.com/walking-tours

[See website for current rates](#)

About This Tour

Seven walking days right around the Dingle Peninsula on the official waymarked trail — Tralee to Camp, Annascaul, Dingle, Sleah Head, Ballydavid, Cloghane and Castlegregory. The full Dingle Way at a sensible pace.

Tour Highlights

- **The Full Waymarked Trail**

From the Blennerville Windmill in Tralee right around to Castlegregory — every kilometre of the official Dingle Way walked. Seven walking days, no skipping, no transfers across the trail.

- **Atlantic on Three Sides**

South coast (Camp to Dingle), western tip (Slea Head to Sybil Point), northern shore (Cuas to Cloghane to Castlegregory). Mount Brandon — Ireland's second-highest peak — at the centre.

- **Eight Hand-Picked Overnights**

Tralee, Camp, Annascaul, Dingle, Dunquin, Ballydavid, Cloghane, Castlegregory — eight different villages, eight hand-picked B&Bs, every host known to us by name.

- **The Most Cinematic Coast in Ireland**

Slea Head Drive on foot, the Three Sisters cliffs over Smerwick Harbour, the Blasket Islands offshore, Coumeenoole Beach, Sybil Point, the long sweep of Fermoy Strand. Star Wars, Ryan's Daughter, Far and Away — all filmed here.

Who Is It For?

Walkers who want the full official Dingle Way without shortcuts.

Seven walking days at 17–23 km on the complete signposted trail. No transfer across the opening section, no skipped kilometres — every step of the official trail walked.

Returning walkers who like the long format.

The 9-day adds the Tralee–Camp leg most shorter Dingle Way trips omit. It's a quiet, varied first day along Tralee Bay that lets you settle into the rhythm before the bigger southern coast days.

Couples and friends planning a serious week-and-a-half.

Eight overnights, eight different villages, every one with its own character. The pace is moderate but the total distance — over 140 km on foot — is a real long-distance achievement.

Day-by-Day Itinerary

DAY
1

Arrival in Tralee

Overnight: Tralee

Arrive in Tralee and settle into your first accommodation — the county town of Kerry and the official trailhead for the Dingle Way. Tralee has rail and bus links from Dublin, Cork and Limerick, the lovely Tralee Town Park, the Aqua Dome, and a wide range of restaurants and pubs.

We will provide you with information on how to get here using public transport in your pre-departure pack — Tralee station is on the main Dublin–Tralee rail line — or talk to us about private transfer options from Kerry Airport, Cork Airport or Shannon Airport.

Tonight, rest. Tomorrow you start walking — at the official trailhead by the Blennerville Windmill on the western edge of town.

DAY
2

Tralee to Camp

Walk: DW 1 Tralee to camp (17.3 km) · Overnight: Camp

ROUTE 17.3 km · 421 m ascent · Moderate · Tralee to Camp



The official opening day of the Dingle Way. From the Blennerville Windmill on the western edge of Tralee, the trail follows the southern shore of Tralee Bay west through farmland to Camp. A gentle, varied first day — coast, working farms, mountain views — that lets you settle into the rhythm before the bigger southern coast days.

Camp is a small village on the eastern shoulder of the peninsula with two friendly local pubs (Junction Bar and Ashes), a small shop, and views south to the Slieve Mish Mountains.

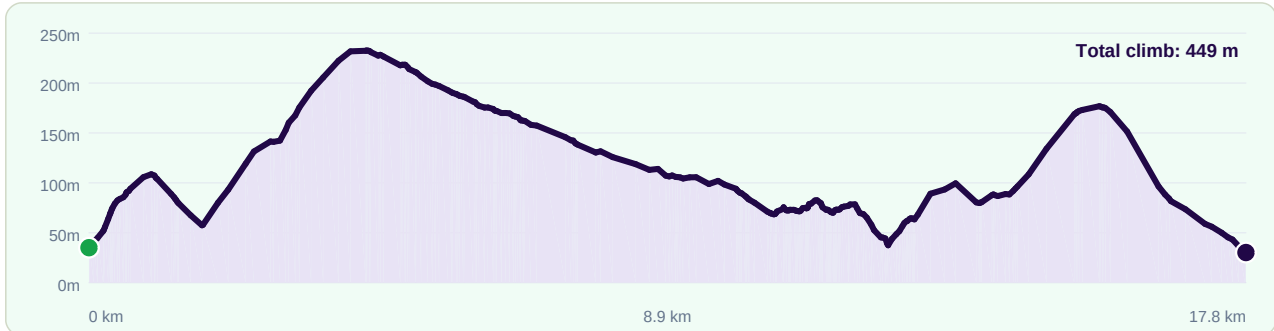
DAY

3

Camp to Annascaul

Walk: DW 2 Camp naar annascaul (17.8 km) · Overnight: Annascaul

ROUTE 17.8 km · 449 m ascent · Moderate



West out of Camp through traditional sheep country to Annascaul — best known as the home of Antarctic explorer Tom Crean and the legendary South Pole Inn he opened on his return.

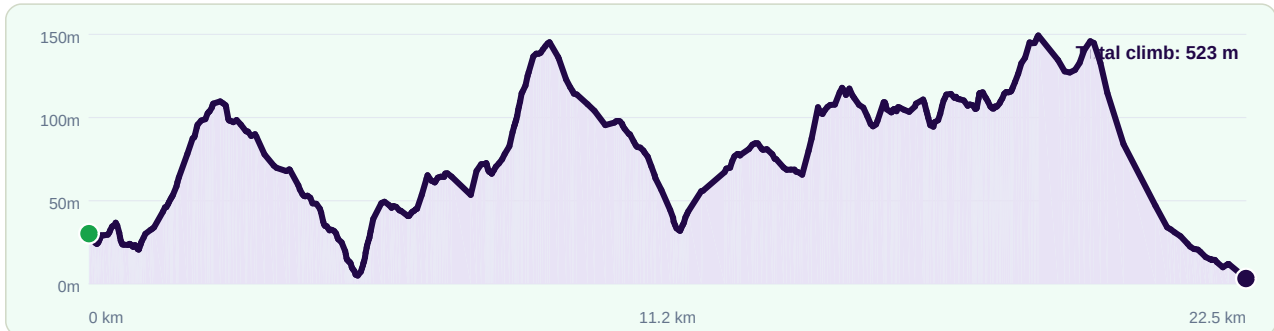
DAY

4

Annascaul to Dingle

Walk: DW 3 Annascaul to Dingle (22.5 km) · Overnight: Dingle

ROUTE 22.5 km · 523 m ascent · Challenging · Annascaul to Dingle



The long crossing to Dingle town — Ireland's most beloved harbour town, with traditional music every night at Dick Mack's, John Benny's and O'Sullivan's Courthouse.

DAY
5

Dingle to Dunquin (Slea Head)

Walk: DW 4 Dingle to Dunquin (21.3 km) · Overnight: Dunquin

ROUTE 21.3 km · 459 m ascent · Moderate · Dingle to Dunquin



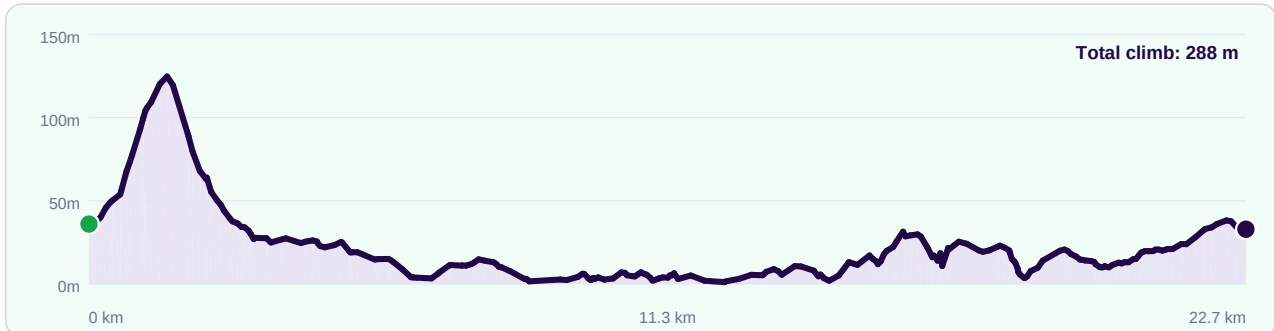
The showpiece Slea Head Drive on foot — beehive huts, ringforts, the Three Sisters cliffs, Coumeenoolle Beach. You finish at Dunquin, the westernmost village in Europe, with the Blasket Islands offshore.

DAY
6

Dunquin to Ballydavid (Cuas Feohanagh)

Walk: DW 5 Dunquin to Cuas Feohanagh (22.8 km) · Overnight: Ballydavid / Cuas

ROUTE 22.8 km · 296 m ascent · Moderate · Dunquin to Cuas



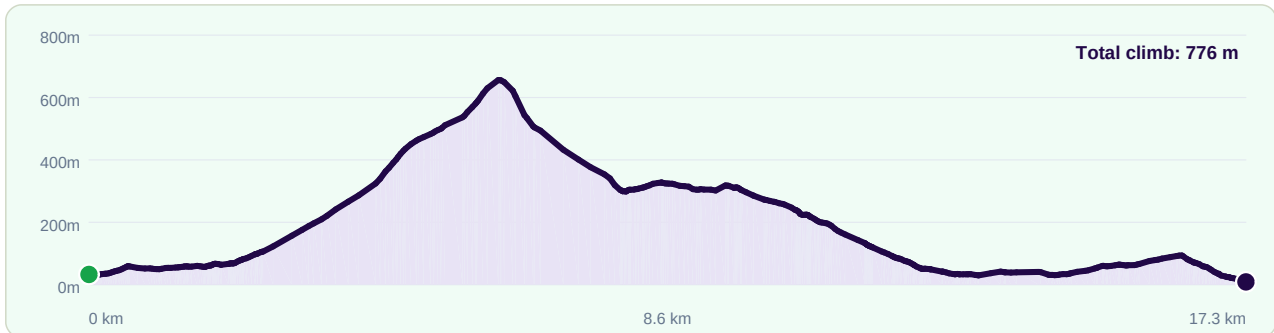
The wildest leg. North around Sybil Point with the Atlantic on three sides, then east along Smerwick Harbour under the Three Sisters cliffs. You finish at Ballydavid, a small fishing harbour at the foot of Mount Brandon.

DAY
7

Cuas to Cloghane

Walk: DW 6 Cuas to Cloghane (17.3 km) · Overnight: Cloghane

ROUTE 17.3 km · 776 m ascent · Moderate · Cuas to Cloghane



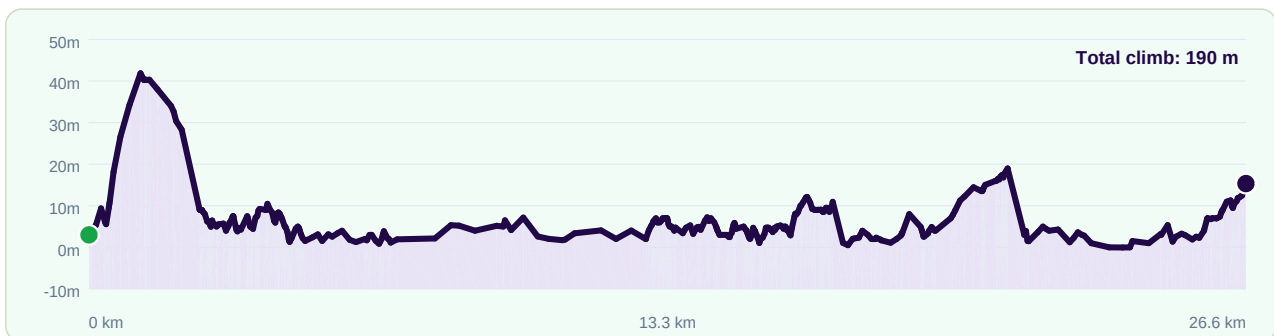
The northern crossing under the bulk of Mount Brandon — Ireland's second-highest peak. The descent crosses the long empty curve of Fermoye Strand on Brandon Bay and finishes at Cloghane village. O'Connor's Pub does dinner and music.

DAY
8

Cloghane to Castlegregory

Walk: DW 7 Cloghane to camp (26.6 km) · Overnight: Castlegregory

ROUTE 26.6 km · 190 m ascent · Challenging · Cloghane to Camp



East along Brandon Bay to Castlegregory — quiet farm roads, the long open beach, kite-surfers in the bay, the Maharees peninsula stretching out into Tralee Bay ahead.

DAY
9

Departure from Castlegregory

A leisurely morning. A last full Irish breakfast. Castlegregory is roughly 35 minutes by road from Tralee station and a similar drive to Kerry Airport. We can arrange a private transfer for the morning if you'd prefer.



Ready to Walk Ireland?

Every tour is self-guided with hand-picked accommodation, daily luggage transfer, detailed route notes and GPX files, plus our personal local support throughout your walk. Dates and group sizes are flexible — just ask.

What's Included

- ✓ Accommodation: Welcoming en-suite B&B rooms
- ✓ Breakfast: Full Irish breakfast every morning
- ✓ Luggage Transfer: Daily transfer of your main bag between accommodations
- ✓ Personalised Itinerary and route app for your smart phone that keeps you on the trail at all times.
- ✓ Support: 24/7 emergency support throughout your holiday
- ✓ Pre-Departure Pack: Information pack sent before you travel, so you know exactly what to expect

Not Included

- ✗ Flights: Travel to Ireland is not included
- ✗ Insurance: You'll need travel and walking holiday insurance
- ✗ Meals: Lunches and dinners are not included (though we'll recommend great local spots)



Get in touch

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Web: walkingholidayireland.com

This tour: walkingholidayireland.com/walking-tours/dingle-way-SWA-DG-9M

FROM

€1,080

per person

See website for current rates