



Les Glens d'Antrim et la Chaussée des Géants

Une randonnée en liberté

CIRCUITS DISPONIBLES

3

DURÉE

5-8

DISTANCE

51.5-100.6 km

NIVEAU

Moderate

Prêt à réserver ?

walkingholidayireland.com/fr

info@walkingholidayireland.com · +353 42 932 3396

Voir le circuit complet sur

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À propos de cette zone

L'expérience complète d'Irlande du Nord — 100 km de falaises de basalte et de littoral classé au patrimoine mondial UNESCO à l'ouest, neuf vallées glaciaires à l'est, le tout en un seul séjour de randonnée.

The Causeway Coast is built from basalt lava that flowed 60 million years ago, fracturing into characteristic hexagonal columns. The cliffs are dark and sheer, rising 80 metres, shaped by Atlantic storms and constant wave action.

The Nine Glens of Antrim were carved by glaciers during the last ice age; each valley is U-shaped between high moorland plateaus.

Glacial action left hanging valleys, waterfalls, stantly present water. Vegetation is green and lush: native oak and alder woodland in lower sections, moorland heath above. Razorbills, guillemots and herring gulls nest on cliff faces.

The eastern glens host red grouse, red squirrels and otters. Rathlin Island offshore hosts over 9,000 seabirds, including puffins, razorbills, guillemots and kittiwakes.

MOIS RECOMMANDÉS

May

June

September

October

Pourquoi randonner ici

The region has been continuously inhabited from early Irish settlers to Scottish Gaels. The MacDonnells made Dunluce Castle their power base in the mediaeval period. Built in the 13th century, portions fell into the sea in 1639, leaving dramatic ruins. Bushmills Distillery is Ireland's oldest licensed distillery, operating since 1608. Tours walk through water sources for malting, distillation, and ageing. Single malt tasting is proper cultural immersion.

The Ould Lammas Fair in Ballycastle (late August) is one of Ireland's oldest fairs. Only here can you find the traditional snack of dulse and Yellow Man. Bushmills single malt whiskey — the definitive Causeway Coast drink with distillery tours available.

Fresh Antrim coast seafood — chowder, crab, smoked salmon and langoustines. Dulse and Yellow Man — an iconic Ballycastle snack combination. Ulster fry — Northern Ireland's signature cooked breakfast, ideal before a full day's walking

Pour qui ?

The tour suits walkers with 7–10 days wanting the full breadth of Northern Ireland's coastal landscape; the raw drama of the west and quiet beauty of the east in one trip. It works for couples, friend groups and solo walkers. It appeals to those interested in geological stories; the basalt columns gain meaning from walking through them day after day. It suits walkers stepping up to multi-day trails. Waymarking is reliable, daily stages manageable, and we provide luggage transfers. It's less suitable for those with serious knee issues.

Terrain et difficulté

The tour is moderate for walkers with reasonable fitness. Our 7–9 day itinerary covers 14–22km per day with daily ascents typically 200–400 metres. The route is well-marked and easier to navigate than more remote trails. The western Causeway Coast is most exposed; wind is constant and paths wet and slippery after rain. The eastern glens are more sheltered, easier underfoot, with less elevation gain. Ankle-supporting waterproof footwear is essential throughout.

Circuits disponibles

The 5-Day Causeway Coast Walking Tour

5 jours · 3 jours de marche · 51.5 km · Moderate

Experience the iconic Causeway Coast in 5 days. Walk to the Giant's Causeway, cross Carrick-a-rede, and explore Ireland's most dramatic

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à partir de

€645

par personne

Causeway Coast Walking Holiday 6 Days

6 jours · 4 jours de marche · 71.4 km · Moderate

à partir de

€745

par personne

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The Glens and Giant Causeway 8 Days

8 jours · 6 jours de marche · 100.6 km · Moderate

An 8-day adventure through Northern Ireland's most spectacular landscape: ancient glens, rope bridges, and the iconic Giant's Causeway UNESCO World

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à partir de

€975

par personne

Informations pratiques

Meilleure période

May, June and September are ideal.

April and early May offer fewer visitors, and May brings longer evenings, lighter trail traffic and wildflowers in glen woodlands.

June offers the longest daylight hours.

July and August are the busiest; Giant's Causeway and Carrick-a-Rede receive heavy numbers and need advance booking.

September is finest; bracken and heather are gold and rust, light is clear and low-angled, and trails are quieter and accommodation easier to book.

October brings autumn colours and fewer crowds. The trail is walkable year-round, but winter brings short daylight and Atlantic exposure.

Rathlin Island birdwatching is best April–July.

Time your visit with a festival. Many trails host walking festivals throughout the season — see our complete 2026 walking festivals calendar to plan around one.

Hébergement

Small hotels, guesthouses, and family-run B&Bs provide excellent service along the Causeway and Glens corridor. Portrush and Bushmills in the west offer good facilities and a lively atmosphere. Ballycastle in the center is an excellent midpoint, with a genuine village identity and excellent dining.

The eastern section passes through smaller villages; Cushendun and Cushendall have charming accommodation and are less busy than western towns. We pre-book quality accommodation with breakfast included at every overnight stop, selecting properties that understand walker needs.

Luggage is transferred each morning; you carry only what you need for the day.

Informations pratiques

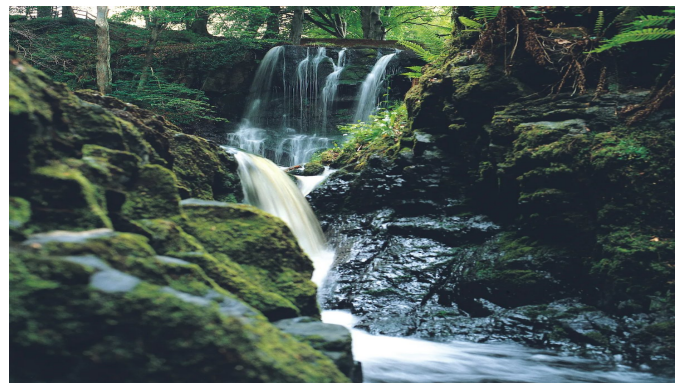
Belfast International Airport (BFS) and Belfast City Airport (BHD) are approximately 90 minutes from the start.

Translink NI buses operate express services from Belfast city centre to Portrush and Ballycastle in 90–120 minutes. We provide full transfer logistics with every booking. We coordinate all return transfers.

Translink NI operates train services from Belfast Central Station to Carrickfergus and Larne, useful for accessing the southern end.

Northern Ireland uses British Sterling (GBP); ATMs are available in major towns.

Galerie



Prêt à réserver ?

Consultez les disponibilités actuelles, les itinéraires journaliers complets et les tarifs en vigueur sur notre site. Chaque circuit comprend l'hébergement, le petit-déjeuner, le transfert de bagages et les notes d'itinéraire.

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