

WALKING HOLIDAY IRELAND

FROM
€835
per person sharing

SELF-GUIDED WALKING HOLIDAY · THE GLENS OF ANTRIM AND CAUSEWAY COAST

CAUSEWAY COAST 6 DAYS

Moorland, sea cliffs and 60 million years of geology.

DURATION	WALKING DAYS	DISTANCE	GRADE
6 days	**4**	**71.4 km**	**Moderate**
5 nights B&B	14 to 20 km each	about 1,900 m of ascent	

Family-run since 2012 · Cliff & Louise

walkingholidayireland.com

Tour code SNI-GC-6M

Your route at a glance

The North Antrim coast is one of the great walking destinations in Europe — and this six-day tour gives you two entirely different landscapes in a single journey. You begin inland, in the quiet village of Cushendall at the foot of the Glens of Antrim, before crossing open moorland and ridge-top…



Overnight · Days 2 and 4 · Days 3 and 5

DAY 1 — Arrival in Cushendall
Settle in. The Glens welcome you quietly. Your tour begins in Cushendall — the…

DAY 2 — Moyle Way: Altarichard Road to
19.9 km · 447 m ascent · Moderate

DAY 3 — Ballycastle to Ballintoy via
14 km · 275 m ascent · Gentle

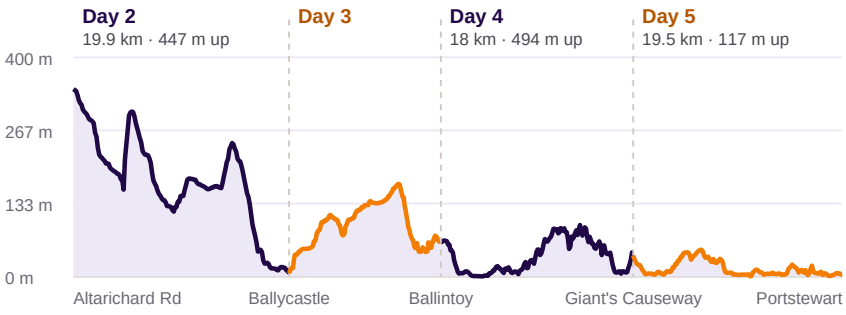
DAY 4 — Ballintoy to the Giant's Causeway
18 km · 494 m ascent · Moderate · back to Bushmills for the night

DAY 5 — Giant's Causeway to Portstewart
19.5 km · 117 m ascent · Moderate

DAY 6 — Departure from Portstewart
Onwards — with legs that have earned their rest. A leisurely final morning.

The whole walk in one line

71.4 km · 1,852 m of climbing over four days · from our GPS tracks



What's underfoot

Surface across the four walking days



Road and lane	51%
Footpath and trail	31%
Gravel and forest track	18%

The Moyle Way — Antrim's hidden mountain trail

While most visitors rush straight to the coast, you earn it first. The Moyle Way crosses the high moorland of North Antrim — open ridgelines, heather as far as you can…

Carrick-a-Rede Rope Bridge — the thrill

A rope bridge, 30 metres above the sea, connecting the cliff to a small island where salmon fishermen once worked. It sways. The waves crash below.

White Park Bay — the hidden beach

Between Ballintoy and the Giant's Causeway, the coastline delivers a near-perfect crescent of white sand beneath towering limestone cliffs.

The Giant's Causeway — 60 million years of geology

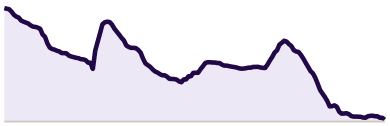
There is no preparing yourself for the moment you first step onto the Causeway. Forty thousand hexagonal basalt columns, each one interlocking perfectly with the next…

Day by day

Elevation, 0 to 400 m · Moderate · Gentle

1 **Arrival in Cushendall.** Settle in. The Glens welcome you quietly. Your tour begins in Cushendall — the capital of the Glens, a compact village where four of the nine Glens of Antrim converge at the sea. Arrive in the afternoon, collect your route notes and maps from your B&B host, and take your time getting orientated.

DAY 2



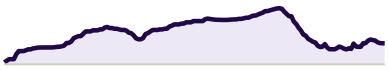
19.9 km · 447 m up · Moderate

Moyle Way: Altarichard Road to Ballycastle

We transfer you to the Altarichard Road start point, where the Moyle Way opens onto the high moorland of North Antrim. From the moment you leave the road, the landscape changes completely: heather and bog cotton underfoot, the plateau stretching in every direction, and a silence that feels earned. The route climbs steadily through open moorland before reaching the ridgeline. On a clear day, the view east takes in the full sweep of the Antrim coast — Fair Head's dramatic basalt cliffs, Rathlin Island in the middle distance, and the coast of Scotland, closer than you'd expect, on the horizon. This is one of the finest panoramas in Ireland, and almost nobody knows it.

Overnight Ballycastle

DAY 3



14 km · 275 m up · Gentle

Ballycastle to Ballintoy via Carrick-a-Rede

The Causeway Coast path begins here, and it begins well. Leave Ballycastle along quiet lanes and field paths, the coastline appearing and disappearing to your right as the route winds westward. The approach to Carrick-a-Rede builds gradually — you see the island before you see the bridge, a low, dark mass detached from the cliff face by a narrow gorge. Then the bridge itself: a rope and plank crossing 30 metres above the sea, moving under your feet with the pleasant instability of something genuinely suspended in mid-air. Cross it. The view from Carrick Island, back along the Antrim coast, is one of the best on the entire route.

Overnight Ballintoy

DAY 4



18 km · 494 m up · Moderate

Ballintoy to the Giant's Causeway

This is the walk that earned the Causeway Coast its reputation. Consistently described as the finest coastal walk in Ireland, the section from Ballintoy to the Giant's Causeway delivers something remarkable at every turn. It begins with White Park Bay—a two-kilometer arc of white sand beneath towering limestone cliffs, reached by a steep path from the road. Walk the length of the beach, past the solitary cottage that has sat here for a hundred years, and climb back to the cliff path on the far side. Next comes Portbraddan, home to what may be Ireland's smallest church, and then the atmospheric ruins of Dunseverick Castle, perched on a promontory above the sea.

Overnight Bushmills · back to Bushmills for the night

DAY 5



19.5 km | 117 m up

Moderate

Giant's Causeway to Portstewart via Dunluce Castle

Your final full day ties together everything the North Antrim coast does best: cliff paths, castle ruins, long sand beaches, and a finish line that feels genuinely earned. Leave Bushmills and return briefly to the coast before the path opens up onto Whiterocks Beach – a long sweep of pale sand backed by limestone cliffs carved by the sea into caves, arches and columns. Walk the beach at low tide or take the cliff path above; either way, the light here in the late afternoon is extraordinary. Dunluce Castle appears mid-route, sitting on its sea stack with the improbable composure of something that should have fallen into the ocean centuries ago.

Overnight Portstewart

6 **Departure from Portstewart.** Onwards — with legs that have earned their rest. A leisurely final morning. Portstewart Strand — one of the finest beaches in Ireland — is a ten-minute walk from the town centre and a fine way to begin the last day.

Is this walk for you?

GENTLE — MODERATE — CHALLENGING

14 to 20 km	1,852	4
a day	m of climbing in total	walking days

This tour suits walkers who are comfortable covering 14–18 km a day across varied terrain, including coastal cliff paths, open moorland, and some sections of quiet road. You should be happy walking for 4–6 hours at a steady pace. No technical mountaineering skills are needed, but good waterproof boots and a daypack are essential. The Moyle Way section involves genuine moorland navigation — your route notes and maps cover every step, but you should be comfortable following a trail.



INCLUDED

- ✓ **5 nights' accommodation.** in hand-picked B&Bs (en-suite rooms): Cushendall, Ballycastle…
- ✓ **Breakfast.** Full Irish or continental breakfast every morning
- ✓ **Transfer.** to the Moyle Way start at Altarichard Road on day 2
- ✓ **Navigation.** Personalised digital itinerary and route app for your smartphone that keeps you on the trail at…
- ✓ **Daily luggage transfers.** carry only your day pack
- ✓ **24/7 emergency support.** throughout the tour
- ✓ **Pre-departure information pack.** with route details, packing advice, and local recommendations

NOT INCLUDED

- ✗ Flights to Ireland
- ✗ Travel insurance (strongly recommended)
- ✗ Lunches and evening dinners (excellent local spots available; you choose)
- ✗ Carrick-a-rede Rope Bridge toll (small fee, paid on-site)
- ✗ Activities like whiskey distillery tours

Want to walk further?
8 days to Portstewart from €1,195

FROM

€835

per person sharing

Single room supplement applies. See the website for current rates.

How booking works

1. Tell us your dates and how many walkers. We check the B&Bs.
2. A 25% deposit holds your places; the balance is due before you travel.
3. Your travel pack arrives 14 days before departure.

Check dates and book

info@walkingholidayireland.com · +353 42 932 3396

Scan for live dates

Cliff & Louise · Family-run since 2012 · We walk our routes. We answer the phone.