

WALKING HOLIDAY IRELAND

FROM
€695
per person sharing

SELF-GUIDED WALKING HOLIDAY · THE GLENS OF ANTRIM AND CAUSEWAY COAST

THE CAUSEWAY COAST 5 DAYS

Experience the iconic Causeway Coast in 5 days. Walk to the Giant's Causeway, cross Carrick-a-rede, and explore Ireland's most dramatic coastline. Perfect for a long weekend.

DURATION	WALKING DAYS	DISTANCE	GRADE
5 days	**3**	**51.5 km**	**Moderate**
4 nights B&B	14 to 20 km each	about 1,300 m of ascent	

★★★★★ **4.4 / 5 · 5 walker reviews**

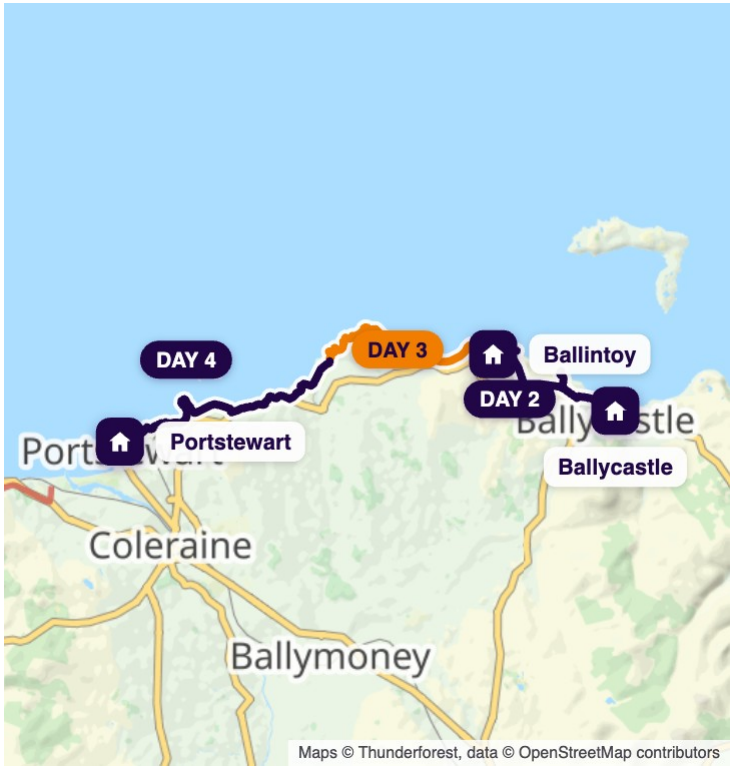
Family-run since 2012 · Cliff & Louise

walkingholidayireland.com

Tour code SNI-GC-5M

Your route at a glance

Experience the iconic Causeway Coast in 5 days. Walk to the Giant's Causeway, cross Carrick-a-rede, and explore Ireland's most dramatic coastline. Perfect for a long weekend.



Overnight · Days 2 and 4 · Day 3

DAY 1 — **Arrival in Ballycastle**
Arrive in the friendly coastal town of Ballycastle, where your walk begins.

DAY 2 — **Ballycastle to Ballintoy**
14 km · 275 m ascent · Gentle

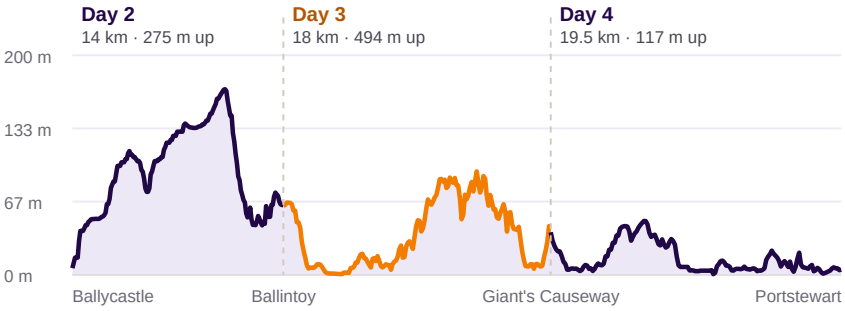
DAY 3 — **Ballintoy to Bushmills**
18 km · 494 m ascent · Moderate · back to Bushmills for the night

DAY 4 — **Portballintrae to Portstewart**
19.5 km · 117 m ascent · Moderate

DAY 5 — **Departure from Portstewart**
Head home transformed. Sore legs, incredible memories, and almost…

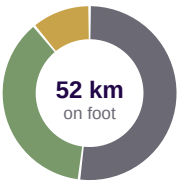
The whole walk in one line

51.5 km · 1,312 m of climbing over three days · from our GPS tracks



What's underfoot

Surface across the three walking days



Road and lane	52%
Footpath and trail	37%
Gravel and forest track	11%

The Carrick-a-rede Rope Bridge — The Thrill

Cross the famous 80-foot rope bridge suspended above a gorge. It's genuinely exhilarating, genuinely ancient (fishermen built it centuries ago), and genuinely one of…

The Giant's Causeway — The Wonder

Stand among 40,000 hexagonal basalt columns formed 60 million years ago. It's a UNESCO World Heritage Site, one of Ireland's most visited natural attractions, and…

White Park Bay — The Hidden Beauty

A crescent of white sand beach beneath towering cliffs. Few places feel more untouched or more peaceful.

Dunluce Castle — The Dramatic End

Finish your journey passing the atmospheric ruins of Dunluce Castle, perched impossibly on a sea cliff.

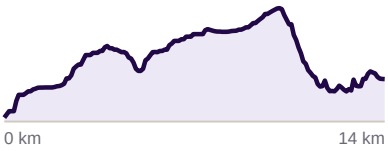
Day by day

Elevation, 0 to 200 m · Gentle · Moderate

1 **Arrival in Ballycastle.** Arrive in the friendly coastal town of Ballycastle, where your walk begins. You stay in a different village each night, and your luggage travels ahead of you every morning. Settle in and take time to acclimatise. The town has…

Overnight Ballycastle

DAY **2**



14 km · **275 m up** · **Gentle**

Ballycastle to Ballintoy

Your first day sets the tone. Walk out of Ballycastle across moorland and rising coastal paths. The views build throughout the day – each section is more dramatic than the last. Your destination is Ballintoy, a picturesque whitewashed village that appears almost painted onto the cliff face. The day culminates at the legendary Carrick-a-rede Rope Bridge: 80 feet up, suspended above a gorge, with the Atlantic churning below. Cross at your pace, soak in the adrenaline rush, and understand why this bridge has captivated walkers for centuries. Historically, fishermen built it to access salmon-rich waters; now it's an icon.

Overnight Ballintoy

DAY **3**



18 km · **494 m up** · **Moderate**

Ballintoy to Bushmills

This is the walk that earned its reputation as "the best coastal walk in Ireland". You'll leave Ballintoy and walk into legend. The landscape unfolds in stages: White Park Bay appears as a crescent of untouched white sand beneath towering cliffs. Continue along dramatic cliff paths, passing Portbraddan (the smallest church in Ireland) and the moody, atmospheric ruins of Dunseverick Castle, perched on a sea stack. Tidal sections require timing, but they're part of the adventure — you walk where the landscape dictates, reading the coastline like a local.

Overnight Bushmills · back to Bushmills for the night

DAY **4**



19.5 km · **117 m up** · **Moderate**

Portballintrae to Portstewart

Your final day pulls together everything. Walk past Dunluce Castle — those impossible ruins clinging to a sea cliff — and continue via Ramore Head, with expansive views across to Portrush and beyond. Finish in Portstewart, a vibrant seaside town with excellent restaurants and a genuine seaside atmosphere. This final walk is a celebration: you've tackled the Causeway Coast, you've earned this finish line, and the town welcomes you with the buzz of completing something genuinely meaningful.

Overnight Portstewart

5 **Departure from Portstewart.** Head home transformed. Sore legs, incredible memories, and almost certainly already researching your next walking adventure.

Is this walk for you?

GENTLE — MODERATE — CHALLENGING

14 to 20 km	1,312	3
a day	m of climbing in total	walking days

Busy individuals with high aspirations. Whether you have a long weekend or a short week, this tour maximises your experience. Picture arriving Friday evening and departing Wednesday evening, all while enjoying a life-changing adventure. The Causeway Coast is both attainable and unforgettable in just five days. Walkers looking to elevate their skills. You don't need to be an elite athlete, but you should be comfortable walking 14–18 km daily, navigating tidal areas, and adapting to varying terrains.



INCLUDED

- ✓ **4 nights' accommodation.** in hand-picked B&Bs (en-suite rooms)
- ✓ **Breakfast.** Full Irish or continental breakfast every morning
- ✓ **Navigation.** Personalised digital itinerary and route app for your smartphone that keeps you on the trail at…
- ✓ **Daily luggage transfers.** carry only your day pack
- ✓ **24/7 emergency support.** throughout the tour
- ✓ **Pre-departure information pack.** with route details, packing advice, and local recommendations
- ✓ ---

NOT INCLUDED

- ✗ Flights to Ireland
- ✗ Travel insurance (strongly recommended)
- ✗ Lunches and evening dinners (excellent local spots available; you choose)
- ✗ Carrick-a-rede Rope Bridge toll (small fee, paid on-site)
- ✗ Activities like whiskey distillery tours

Want to walk further?
6 days to Portstewart from €835 · 8 days to Portstewart from €1,195

FROM
€695
per person sharing
Single room supplement applies. See the website for current rates.

How booking works

1. Tell us your dates and how many walkers. We check the B&Bs.
2. A 25% deposit holds your places; the balance is due before you travel.
3. Your travel pack arrives 14 days before departure.

Check dates and book

info@walkingholidayireland.com · +353 42 932 3396

Scan for live dates

Cliff & Louise · Family-run since 2012 · We walk our routes. We answer the phone.

★★★★★ 4.4 / 5 · 5 reviews