

★★★★★ 4.9 / 5 · 7 walker reviews

WALKING HOLIDAY IRELAND

WALKING AREA GUIDE

THE BURREN AND CLIFFS OF MOHER

Europe's most unusual karst landscape — Arctic-Alpine and Mediterranean wildflowers blooming on 340-million-year-old limestone, with the Cliffs of Moher on the western edge and the Burren Way running 114km through one of the…

TOURS	DURATION	DISTANCE	GRADE
3	5 to 7	46 to 58	Moderate
self-guided	days	km on foot	9 to 19 km a day

FAMILY-RUN SINCE 2012

Cliff & Louise, Dundalk, Co. Louth

We walk our routes. We answer the phone.

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One trail, three ways to walk it

The Burren: Geology, Ecology and Living Landscape

The Burren covers 250 square kilometres of limestone pavement. Its distinctive clints, flat stone blocks…



Shortest tour · Longer tours · Overnight village · Other trails

HOW FAR EACH TOUR GOES

Walking km only · every tour adds an arrival and a departure day

TOUR	START · FINISH	GRADE	WALK DAYS	TOTAL	AVG PER DAY
5 days	Liscannor → Ballyvaughan	Moderate	3	**46.2 km**	15.4 km
6 days	Liscannor → Ballyvaughan	Moderate	3	**46.2 km**	15.4 km
7 days	Liscannor → Ballyvaughan	Moderate	4	**57.8 km**	14.5 km

LANDMARKS ON THE WAY

Poulnabrone Dolmen
A Neolithic portal tomb dating from 3800 to 3200 BC…

Doolin
A small village renowned as Ireland's traditional music…

Cliffs of Moher
214-metre sea cliffs stretching 14km along the Atlantic…

Aran Islands
Reachable by ferry from Doolin, featuring stark…



WHY WALK HERE

History, Music and Food: The Burren Beyond the Trail

The Burren is an open-air archaeology museum spanning 6,000 years

The landscape

The Burren: Geology, Ecology and Living Landscape

The Burren covers 250 square kilometres of limestone pavement. Its distinctive clints, flat stone blocks, and grikes, deep fissures in the rock, formed when glaciers exposed…

History & culture

Neolithic tombs, Iron Age forts, early Christian churches, and mediaeval monasteries sit quietly across the plateau, many within walking distance of the trail. The standout feature is Poulnabrone Dolmen, a Neolithic portal tomb that has yielded excavated remains of 28 to 36 individuals.

Food & drink

Burren Smokehouse salmon: Traditionally smoked Atlantic salmon from Lisdoonvarna — one of the most acclaimed producers in Ireland, with a flavour shaped by the Burren air Atlantic seafood chowder: Creamy chowder with locally caught crab, mussels and white fish — served…

Is The Burren and Cliffs of Moher for you?

GENTLE · MODERATE · CHALLENGING

Graded **Moderate**

9 to 19	20 to 451	3 to 4
km a day	m climb a day	walking days

Who it suits

This tour suits experienced walkers with a curiosity about landscape, botany, geology, and archaeology. Nature lovers, photographers and anyone fascinated by human history layered with stones will feel at home here.

Couples and small…

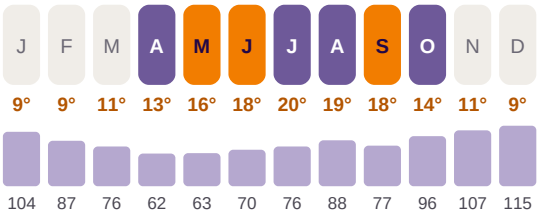
Terrain

What to Expect on the Burren Trail

Walking is moderate in terms of elevation, with our 5- to 7-day itinerary covering 16 to 23km each day.

Limestone pavement is uneven and sharp…

When to go



- **Best months.** May is best for wildflower enthusiasts: spring gentians turn the plateau vivid blue. Days are long, and accommodation books easier than peak summer.
- **Season.** Tours start between 15 April and 15 October.
- **Weather.** Mild all season, 13 to 20°C by day. Expect some rain on any trip and pack a good waterproof.

Met Éireann 1991–2020 averages, Shannon Airport, the nearest long-term station.

Three walking holidays in The Burren and Cliffs of Moher

The further you go, the quieter the trail gets. Prices are per person sharing and include B&B, luggage transfers, route notes and our app.

5 DAYS

Cliffs, the Burren, and the Atlantic — five days where Ireland's wildest coast…

Liscannor - Ballyvaughan · 3 walking days · 46.2 km

FROM **€655** per person

6 DAYS

Cliffs, Aran Islands, the Burren — six days with a proper rest day in…

Liscannor - Ballyvaughan · 3 walking days · 46.2 km

FROM **€785** per person

7 DAYS

A full week on the Wild Atlantic Way — Cliffs, Aran, Burren and the Aillwee Caves

Liscannor - Ballyvaughan · 4 walking days · 57.8 km

LONGEST

FROM **€895** per person

● Overnight village ● Where the tour ends Single travellers welcome, a…



★★★★★ WALKED IT

"A deep dive into the West Atlantic of Ireland - stunning scenery, generous people, and diverse landscapes. Accommodation and food options

Debs Martin · 2026

Every tour includes

- ✓ En-suite B&B rooms, chosen…
- ✓ Full Irish breakfast every morning
- ✓ Daily luggage transfer
- ✓ Route notes and our GPS app
- ✓ Pre-departure pack
- ✓ 24/7 emergency support

Not sure which?

Tell us your fitness and your dates. We have walked these trails and will say honestly which version fits.

+353 42 932 3396

1
Choose your route
Pick a tour and your dates. We check availability.

2
We plan everything
B&Bs, transfers, route notes, app. A pack arrives before you travel.

3
You walk
At your own pace, with a daypack. We are a phone call away.

4
Bags waiting at your door
Your main bag moves while you walk and is there at the next B&B.

GETTING THERE & PRACTICAL

Getting to the Burren

By Air

Shannon Airport (SNN) is the closest airport, 50km from Ballyvaughan, with direct flights from North America and Europe

Dublin Airport (DUB) offers more flight options and is 200km away, roughly 3.5 to 4 hours by bus or train

By Train and Bus

Irish Rail runs from Dublin-Heuston to Ennis in approximately 2…

WHERE YOU'LL STAY



Accommodation along the Burren Way sits in some of the route's most characterful spots. In Lahinch, welcoming B&Bs and family guesthouses line the edge of a working Atlantic village.

Doolin, close to the Cliffs of Moher, is lively with traditional music and fills quickly in peak season, so early…

4.9/5

★★★★★

7 walker reviews of The Burren and Cliffs of Moher

"A deep dive into the West Atlantic of Ireland - stunning scenery, generous people, and diverse landscapes. Accommodation and food options were first class, and hosts all incredibly helpful."

Debs M., New Zealand · 2026

Ready to walk The Burren and Cliffs of Moher?

See live availability, full daily itineraries and current rates on our website, or ask us anything first. A deposit holds your dates; the balance is due before you travel.

Scan to see dates

Check dates and book

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